

Discovering Yourself as a Woman Leader Through Transformative Volunteering in Local to Global Community Engagement

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Introduction

Outline/Topics

- Background and research
- Frameworks and Benefits
- Existing Programs (Our Stories)
- Global Women Stories
- Global engagement steps: Your story, plan, steps, and goal
- Conclusion and Contacts
- References

Global Women in Higher Education Initiative



Key Concepts

Women Leadership

Transformative Experiences and Volunteering

Local to Global Community Engagement

Exercise: Define in one word or one sentence what each one means to you.

Background and research

Data & research (more current only a few numbers, focused on the key concepts, we have other info and data later on on impact)

Women leadership #s

Transformational Volunteering # (more numbers to come)

Local to Global Community Engagement #s

Frameworks and Models: From Local Engagement to Global Impact

The 4 As (or ACEs) Framework:

Awareness

Appreciation

Advocacy

Action

Holistic Benefits - Ikigai Approach



Exercise: One word or one sentence for each question.

Source: (include source of image)

Wellness Approach

Exercise: homework



Transformational Volunteering with Impact

Service and Volunteering

Community Engagement (glocal approach)

Leadership (individual, institution, and community)

Teaching and Learning

Research and New Initiatives

Exercise: Personal Wellbeing Assessment (source, link)

Impact of Community Engagement

The Science of Service and Happiness, Research-Backed Benefits:

94% of volunteers report **improved mood** (NEEDS UPDATED INFO)

78% report **lower stress** levels (American Journal of Public Health, 2023)

96% report enriched **sense of purpose** (Harvard Health Wellbeing Report, 2024)

Impact on Teaching, Scholarship, and Service

Faculty who volunteer internationally report 40% higher **job satisfaction**

(Chronicle of Higher Education Survey, 2024)

68% cite **improved teaching** practices through global perspectives (Center for International Education, 2023)

83% **develop new research** questions through community engagement

(Association of International Educators Study, 2024???)

Our Stories Existing Programs

Mamiko & Andreea

(share our story, a couple of examples of projects and initiatives we worked on)

Global Women Stories

Insert Videos with other global women and their story (2 stories)

(no more than 5 minutes, short discussion about applying the concepts of leadership, transformational experience, global community engagement, impact)

Why Does it Matter?

Personal

Institutional

Global community

Exercise: One word or one sentence for each one area of impact.

Global engagement steps: Your story, your plan, your goal

Exercise: Becoming a Global Woman Leader in Higher Education. Use the 4As to develop your plan (awareness, appreciation, advocacy, action)

Your Goal:

Your Plan:

Steps: Join the Global Women in Higher Education community

Your Story:

Interactive Element: Vision Board for Your Glocal Impact

Conclusion and Contacts

Insert contact information Global Women in Higher Education Initiative

Insert LinkedIn

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Global Women in Higher Education

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References

Insert link for a google document https://docs.google.com/document/d/1g_wSx9MTPV2Dc_tbAGcv1OTe6tgyaCwgMHdIX9CKWMY/edit?usp=sharing

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