Cultivating Academic Minds Through the Power of Knowledge

Academic Year 2009

Fall 2008 & Spring 2009
A Statement from the Director

You are apart of something BIG!!! TRIO programs have been around for more than 40 years and you are one of over 850,000 TRIO students served each year. You are apart of a special group of people that congress deemed important, so important that TRIO programs were established to help you succeed.

To help us in our fight in continuing TRIO programs, The Council for Opportunity in Education (COE), is the organization in Washington DC that helps us inform our congress persons about the good work that you are doing so that we can continue serving our students.

On behalf of TRIO programs across the country, a letter was sent to President-elect Obama; first congratulating him on his victory and reiterating to him the importance of TRIO programs.

Below is an excerpt of that letter.

Dear President-elect Obama:
The Council for Opportunity in Education extends our sincere congratulations on your victory. On behalf of more than 1,000 colleges and community-based agencies and the thousands of teachers, counselors, and administrators working in TRIO programs, we pledge to respond to your call for sacrifice and shared responsibility in addressing the challenges facing our great nation.

We applaud your recognition that education is “the currency of the Information Age” and that our nation’s future is inextricably linked to the education of all our children, regardless of ethnicity or class. We wholeheartedly endorse your commitment to bring hope to those who are marginalized in our society.

We commend remarks you made in September in which you noted the importance of expanding college outreach programs like TRIO and GEAR UP, and we will work with our community to help achieve this goal. TRIO at Lansing Community College is here to assist you in meeting your educational goals, COE in Washington D.C. ensures that all congresspersons are aware of TRIO programs and the need for their continued support …and the rest is left up to you. YOU play the most important part in your success. Ask for help, utilize the services available stand bold and confident as you face/defeat each challenge as you approach and obtain your goals.

Cultural Events Spring 2009

January
21: International Auto Show
29: State Leg. and Michigan Historical Museum

February
7: The Color Purple
17: American Red Cross Food Center

March
13: TRIO Leadership Retreat
21: Gourmet Cooking

April
8: CMU Tour

More information is located at www.lcc.edu/trio

TRIO has leaped into the 21st century and now has a Facebook group for all students to check out for latest updates with the program, classes and cultural events! Log on and get together!

GROUP NAME: LCC’S TRIO

In Fall 2008, as part of TRIO’s new marketing initiatives, we launched online student journals. The intent of the student journals were to give prospective students a “glimpse” of college life for TRIO students. TRIO would like to thank the following students for their assistance in spreading the success of the Program.

Debra T.
Bio: I am a returning adult student after being out of school for more than a few years! I am a mother and enjoy it. My major is Nursing, probably continuing on for my BSN. My biggest goal/desires are to balance family with going to school and doing well.

Gretchen G.
Bio: I am one with many interests. I’ve been a vegetarian for 20 years. I’m a strong advocate of being a caring consumer (no products tested on animals; only Earth-safe and biodegradable products). I’m working towards an Associate of Applied Arts-Web Design.

Jeff D.
Bio: I’m an older more mature returning adult student willing to go the extra mile to achieve career and academic goals to better my life.

Kristy S.
Bio: My name is Kristy and I am 27 years old. I am a mom of a 5 year old little boy, Cameron, and a 6 month old daughter, Isabelle. I am also a wife to Patrick. When I am done with earning my Nursing degree, the goal is for my husband to attend culinary arts school, which is his dream job.

Lisa S.

Sarah A.
Bio: My name is Sarah and I am 24 years old. I am a nursing major. I live with my domestic partner Mandy and we have been together for 2 years. We got married in April of 2008. We have two dogs, Oreo and Domino that keep us entertained. I am a very social person and like to volunteer my time, when I have time to different organizations.
TRiO Cultural Events

Moroccan Kitchen
Semester Wrap-up Party
Michigan State Legislature & Historical Museum
Wayne State University & Detroit Institute of Art
Communication Corner-

We all have struggles in our lives and conflict with other people. Stress from those struggles and conflicts can have a negative impact on your school work. By learning how to deal with conflict effectively, you can have more success in your personal, educational, and professional pursuits. Remember, good communicators are “other focused,” meaning it is not all about you! Enjoy.

From How to Have Power and Confidence in Dealing with People
By Les Giblin

Six Tested Rules for Winning Arguments

Let him/her state their case
Don’t interrupt. Let him state his case. Remember the magic of listening. It not only wounds the other person’s ego to be interrupted and brushed off; we run into what psychologists call mental set. The person with something on his chest has his mental set all geared for talking. And until he has said his piece, his mental set is not tuned for listening to your ideas. If you want your own ideas to be heard, learn to listen first to the other person.

Pause before you answer
This rule works equally well in conversation where there is no apparent difference of opinion. When someone asks you a question, look at her and pause slightly before answering. This will let the other person know that you consider what she has said is important enough to “think about it,” or “consider it.”

Don’t insist on winning 100 per cent
Most of us, when we get into an argument, attempt to prove that we are totally and completely right, and the other fellow is wrong on all points. Skilful persuaders, however, always give in on something and find some point of agreement.

State your case moderately and accurately
The tendency that we have to watch in trying to get our ideas accepted, when they are opposed, is to exaggerate and make too forceful an appeal. One reason we still use the old forceful methods is that the sometimes seem to work. You beat the other fellow down. You show him up. But the other fellow still hasn’t accepted your view point, and he will not act upon your ideas. This is not a good long term strategy.

Speak through third persons
The lawyer who wants to win cases rounds up witnesses who will testify to the points he wants to put over to the jury. He realizes that the argument is more convincing if disinterested third persons say that such-and-such happened, rather than he says it. Speaking through third persons is especially valuable when you have a difference of opinion and want the other fellow to see things your way. For one thing, people are naturally skeptical or you when you are saying things to your own advantage. If a third person enorses your position or idea, the other fellow may be more interested in what you have to say.

Let the other person save face
Many times the other person would gladly change her mind and agree with you, except for one thing. She has already made a definite commitment - come out with a strong stand, and cannot change her position in good grace. To agree with you would be to admit she was wrong. And if she has already made definite strong statements opposing your view, she would almost have to admit she lied. So offer her options.

Option 1: Assume that the other person did not have all the facts to being with. “Of course, I can well understand how you might have thought so-and-so, since you didn’t know about such-and-such at the time.”

Option 2: If the other person was wrong, find some excuse for her being wrong. “Anyone would have thought the same thing under the circumstances.” Or “I felt the same way about it at first, but then I ran across this information which changes the whole picture.”

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