

SELECTED BOOKS ON ASSESSMENT & INTERVENTION* IN THE LIBRARY OF THE MENTAL HEALTH AND AGING PROJECT (MHAP)

Compiled by Julie Wheaton, MHAP Librarian

CLINICAL

Assessment of adult personality, by Lewis Aiken, Springer, 1997.

Presents a survey of concepts, methods, and instruments for adult personality assessment. Topics include personality theory, interviews, checklists and rating scales, personality inventories, and issues and applications of assessment. Reference for practitioners using psychological assessments.

Essentials of crisis counseling and intervention, by Donald Wiger and Kathy Harowski, Wiley, 2003.

Presents useful strategies for crisis prevention, functioning effectively during a crisis, caring treatment approaches, and aftercare. Describes how to assess the extent to which a crisis has impacted an individual. Highlights important legal aspects of crisis counseling, such as risk, suicidality, and documentation, as well as helpful details on how to prevent potential malpractice issues.

Practical art of suicide assessment: a guide for mental health professionals and substance abuse counselors, by Shawn Shea, Wiley, 2002.

Covers the critical elements of suicide assessment—from risk factor analysis to evaluating clients with borderline personality or psychotic disorders. Provides mental health professionals with tools to assess client's suicide risk and assign appropriate levels of care using the Chronological Assessment of Suicide Events (the CASE Approach).

Sourcebook of adult assessment strategies, by Nicola Schutte and John Malouff, Plenum Press, 1995.

Presents actual scales on a wide range of adult mental disorders, with reviews and user instructions. The scales include self-report, observer-based and clinician-rating measures of adult mental disorders. Provides practical information about each of 70 of the most widely used scales.

When psychological problems mask medical disorders: a guide for psychotherapists, by James Morrison, Guilford Press, 1997.

Practical guide on the effects of 60 health conditions on mental status for psychotherapists with limited medical training. Designed to help clinicians "think outside the mental health box," hone diagnostic skills, and recognize when a physician's evaluation may be urgently needed.

DEMENTIA

Assessing quality of life in Alzheimer's disease, edited by Steven Albert and Rebecca Logsdon, Springer Publishing, 2000.

Overviews conceptual and practical issues in the measurement of quality of life for people with Alzheimer's disease. Discusses methodological issues, the establishment of measures, and the use of these measures with people who have differing degrees of impairment. Proposes solutions, including collaboration among researchers and clinicians.

* See page 5 for information on how to borrow these books and other resources on mental health and aging issues.

Handbook on dementia caregiving: evidence-based interventions for family caregivers, edited by Richard Schulz, Springer Publishing, 2000.

Comprehensive treatment of intervention approaches to dementia caregiving. Reviews existing knowledge and provides a conceptual framework for organizing caregiver interventions of all types. Discusses how to translate intervention research into public policy.

Innovative interventions to reduce dementia caregiver distress: a clinical guide, by David Coon, Dolores Gallagher-Thompson, and Larry Thompson, Springer Publishing, 2003.

Presents a broad array of practical strategies for reducing caregiver distress, including interventions for specific populations. For clinicians who provide direct services to families of people with dementia.

Interventions for Alzheimer's disease: a caregiver's complete reference, by Ruth Tappen, Health Professions Press, 1997.

Guide for those responsible for the planning, administration, or provision of services to people with Alzheimer's disease (AD). Includes interventions for all stages of AD, with an emphasis on the preservation of rights and dignity.

Interventions in dementia care: toward improving quality of life, edited by M. Powell Lawton and Robert Rubinstein, Springer Publishing, 2000.

Reflects on improvements in dementia care and research over the past decade. Interdisciplinary resource for gerontologists, nurses, social workers, and psychologists involved in the care of people with dementia.

ETHNIC

Handbook of multicultural assessment: clinical, psychological, and educational applications, 2nd ed., edited by Lisa Suzuki, Joseph Ponterotto, and Paul Meller, Jossey-Bass, 2001.

Offers current research, theory, and specific recommendations for conducting assessments with minority populations. Covers major instruments and procedures, cognitive and educational assessment, and cross-cultural sensitivity and ethics. Includes case studies that illustrate culturally sensitive procedures.

Therapeutic interventions with ethnic elders: health and social issues, edited by Sara Aleman et al. Haworth Press, 1999.

Provides culturally specific information to health and social work professionals working with ethnic elders. Explores distinctive qualities found in ten different ethnic groups. Includes the historical events that have shaped how these elders react to mainstream providers and ideas on how to effectively approach them.

GERIATRIC

Assessing older people: a practical guide for health professionals, by Susan Koch and Sally Garratt, Health Professions Press, 2001.

Designed for nurses and health professionals who work with older people to develop assessment skills—to gather data, make sense of the information, and make informed decisions leading to effective planning of care strategies. Covers mental health, spirituality, palliative care, culture, the senses and body functioning.

Assessment scales in old age psychiatry, 2nd ed., by Brian Lawlor, Sarah Craig, and Robert Coen, Taylor & Francis, 2004.

Comprehensive compendium of over 200 scales across the field of mental disorders in the elderly. Commentary on its scope and application and information on its completion are included for each scale.

Geriatric neuropsychology: assessment and intervention, edited by Deborah Attix and Kathleen Welsh-Bohmer, Guilford, 2006.

Comprehensive resource covering the many diagnostic and therapeutic issues confronting clinical neuropsychologists and other health care professional who care for older people. Synthesizes intervention with assessment and provides empirical support for using cognitive training, compensatory techniques, and psychotherapeutic interventions for improving mood, behavior, and functional capacity, even in disorders such as dementia where progression is inexorable.

Handbook of assessment in clinical gerontology, edited by Peter Lichtenberg, John Wiley, 1999.

Offers clinicians reliable and valid assessment tools and case examples for assessing functional age, psychosocial health, comorbidity, pathological behavior deficits. Covers assessment of: communication disorders and aphasia, competency and decision-making capacity, medication compliance, dementia and delirium, personality disorders, sexual function, and more.

Handbook of geriatric assessment, 3rd ed., by Joseph Gallo, Aspen, 2000.

Instructs clinicians on the evaluation of older people, including assessment of mental status, function, social situation, physical examination, and health promotion / disease prevention. Demonstrates how to incorporate multidimensional assessment into care. Discusses the impact of cultural differences on assessment, assessing for elder abuse, assessing older drivers, and the latest assessment instruments.

Neuropsychological evaluation of the older adult: a clinician's guidebook, by Joanne Green, Academic Press, 2000.

Tool for professional evaluating older adults, which presents a framework for accessing whether an individual has experienced abnormal cognitive change. Follows a logical sequence, beginning with the clinical interview, moving through formal testing, identification of the patient's neuropsychological profile, preparing an evaluation, offering feedback, and planning follow-up services.

Principles and practice of geriatric psychiatry, edited by Marc Agronin and Gebe Maletta, Lippincott Williams & Wilkins, 2006.

Comprehensive, scientifically rigorous, and practical text offers not only clinical science but also a sense of advocacy and a broad social context. Authors include both clinicians and academicians. Covers clinical evaluation, general principles of psychiatric treatment, psychiatric disorders, and associated psychiatric issues, such as Parkinson's, psychiatric manifestations of medications, and persistent pain.

LONG-TERM CARE

Assessing satisfaction in health and long-term care: practical approaches to hearing the voices of consumers, by Robert Applebaum, Jane Straker, and Scott Geron, Springer, 2000.

Practical guide with many examples of questions and approaches used to assess consumer satisfaction. Overviews theories, approaches to measuring consumer satisfaction, and how to implement a consumer data collection strategy. Covers specific settings, such as in-home care, nursing homes, and assisted living.

Geropsychological interventions in long-term care, edited by Lee Hyer and Robert Intrieri, Springer, 2006.

Provides insight on psychological issues facing LTC residents for physicians, nurses, social workers, activity coordinators, and therapists. Offers suggestions and strategies, such as Cognitive Behavior Therapy, for improving the LTC system and residents' physical, psychological, emotional, and social health.

Long term care facility resident assessment instrument user's manual: for use with version 2.0 of HCFA minimum data set resident assessment protocols and utilization guidelines, October 1995, plus HCFA's 249 questions and answers, August 1996, prepared by James Allen, 3rd ed., Springer, 1997.

Large print and easy-to-use version of the Resident Assessment Instrument (RAI) used to evaluate resident needs and strengths in order to develop effective, individualized care plans.

Psychosocial intervention in long-term care: an advanced guide, by Gary Hartz and Michael Splain, Haworth Press, 1997.

Presents data on long term nursing home residents with mental disorders, basic counseling techniques, and three major types of psychiatric medication. Discusses legal issues in the psychosocial arena. Teaches how to use the Geriatric Depression Scale and the Mini-Mental Status Exam to screen for depression and dementia and how to develop effective behavioral interventions.

Quality of life assessment: a profile of resident satisfaction, by Donna Lind Infeld, American Association of Homes for the Aging (AAHA), 1983/1992.

This assessment questionnaire gives nursing home residents a way to express personal preferences and subjective assessments of the quality of their individual lives. Designed to help boards, administrators, and staff adapt or improve methods used to create a quality living environment.

MENTAL ILLNESS

Assessing and treating late-life depression: a casebook and resource guide, by Michele Karel, Suzann Ogland-Hand and Margaret Gatz, Basic Books, 2002.

Written by clinical geropsychologists for professionals working with older adults experiencing depression. Using illustrative case studies, the authors explore assessment and treatment for minor depression, complicated grief, dysthymia, suicide, chronic illness, chronic pain, dementia, alcohol abuse, PTSD, psychotic episodes, and other issues with depression. Includes appendices with information on medications, screening tools, models of care, and additional resources.

Geropsychiatric and mental health nursing, edited by Karen Devereaux Melillo and Susan Crocker Houde, Jones and Bartlett, 2005.

Addresses the knowledge and skills necessary in the assessment and nursing care of older adults who are experiencing mental health and psychiatric problems of late life. Covers evaluation, diagnosis, psychopharmacology, and behavioral management strategies in nursing care of older adults. Incorporates social, cultural, and policy issues in mental health care and application of theory and research findings to evidence-based practice.

Handbook of comparative interventions for adult disorders, 2nd ed., edited by Michel Hersen and Alan Bellack, Wiley, 1999.

Looks at psychodynamic, behavioral, and pharmacological approaches to the most common psychiatric disorders, with a comparison of techniques, theoretical differences, treatment strategies, and case-handling procedures. Provides a comprehensive focus on DSM-IV and a comparative review of different approaches to specific mental disorders by leading scholars.

Mental disorders in older adults: fundamentals of assessment and treatment, by Steven and Judy Zarit, Guilford Press, 1998.

Based on the author's extensive experience in the field, this guide provides practitioners with information on the aging process, its effects on mental health, and how older adults can be helped to lead healthier, happier, and more independent lives. Includes a chapter on clinical assessment.

Neuropsychological assessment of dementia and depression in older adults: a clinician's guide, edited by Martha Storandt and Gary VandenBos, American Psychological Association, 1994.

Examines general principles of assessment in older adults, neuropsychological assessment of dementia, assessment of depression, and differential diagnosis of dementia and depression. Covers clinical assessments for legal competence, providing clinical interpretations to clients and families, and application of assessment to therapy and intervention. Includes a survey of clinicians' practices and a list of references to cognitive test norms.

RESEARCH

Functional analysis of problem behavior: a practical assessment guide, by Robert O'Neill et al. Sycamore Publishing, 1990.

Practical guide that presents specific procedures for collecting information on challenging behaviors. Its purpose is to present the logic, forms, and examples that will allow the user to conduct functional analyses in typical school, work, or community settings. Designed to assist people who have the responsibility for creating and implementing behavioral support plans and who have training and experience in behavior management.

Mental health outcome evaluation, by David Speer, Academic Press, 1998.

Addressed to mental health professionals and shows how evaluation methods can be used to assess the quality and effectiveness of mental health services. Presents the rationale and key concepts underlying descriptive outcome studies.

Needs assessment: a creative and practical guide for social scientists, edited by Rebecca Reviere et al. Taylor & Francis, 1996.

Guide to designing and conducting needs assessments for program planning and policy-making goals. Applicable to determining needs of diverse target populations. Covers the entire process from project conceptualization through utilization of results. Offers steps to follow for designing, planning, and carrying out research, as well as analyzing and disseminating findings.

The Mental Health and Aging Project operates a lending library of resources for CMH clinicians and other human service professionals who work with older adults and their families. Books are sent via mail and borrowers pay a small fee for postage and insurance. To borrow a book from this list or to learn about other MHAP resources and services, contact Matt Beha at beham@lcc.edu or call him at 517/483-1529.