

# SALUS CENTER



An LGBTQ Resource & Community Center

55+

## LGBTQ+ Elders

*This is a social group that meets monthly on second Sundays, as a space for lesbian, gay, bisexual, transgender, queer individuals who are 55 years of age or older to meet, socialize, and share resources.*

This group:

- Meets on **2nd Sundays** each month at **3-5pm**
- Is for **LGBTQ+ folks who are 55 years of age or older** to meet and create community
- Intends to be a social space
- Is a participant-focused group
- Is not therapy
- Can share various kinds of resources for participants' well-being
- Provide ongoing opportunities, as needed, to give direct feedback to Salus & Tri-County Office on Aging
- Is a space to share and find caregiving resources as needed



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