

**Feverish
and achy?**

Why wait?

**There's a place
for that.**



Blue Cross Online VisitsSM

When you're not feeling well and can't see your primary care doctor, see one online. With Blue Cross Online Visits, you can connect with a U.S. board-certified doctor or therapist using your smartphone, tablet or computer.



Learn more about your choices
for non-emergency care.

bcbsm.com/findcare

Remember to coordinate all care with your primary care doctor. Blue Cross Blue Shield of Michigan and Blue Care Network are nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association.

OD 16961 DEC 17
R071372_F

**When your primary care doctor isn't available,
you can meet face to face online with:**

- A doctor for minor illnesses such as sinus and respiratory infections, colds and flu, eye irritation or redness and rashes
- A therapist or psychiatrist to help you work through challenges such as anxiety, depression, grief or insomnia

Why use Blue Cross Online Visits?

- Available anywhere in the U.S., even when you're traveling
- Medical care available anytime, without an appointment
- Specially trained doctors and therapists with backgrounds such as pediatrics, family medicine, counseling, psychology and psychiatry
- Family members on your health plan can use it, too

**Download the
BCBSM Online VisitsSM app.
Visit bcbsmonlinevisits.com
or call 1-844-606-1608.**

Therapy and psychiatry available by appointment only, with evening and weekend hours available.

For language assistance, visit bcbsm.com/language. To view our nondiscrimination policy, visit bcbsm.com/nondiscrimination.