Feverish and achy?
Why wait?
There’s a place for that.

Blue Cross Online Visits SM

When you’re not feeling well and can’t see your primary care doctor, see one online. With Blue Cross Online Visits, you can connect with a U.S. board-certified doctor or therapist using your smartphone, tablet or computer.

When your primary care doctor isn’t available, you can meet face to face online with:

- A doctor for minor illnesses such as sinus and respiratory infections, colds and flu, eye irritation or redness and rashes
- A therapist or psychiatrist to help you work through challenges such as anxiety, depression, grief or insomnia

Why use Blue Cross Online Visits?

- Available anywhere in the U.S., even when you’re traveling
- Medical care available anytime, without an appointment
- Specially trained doctors and therapists with backgrounds such as pediatrics, family medicine, counseling, psychology and psychiatry
- Family members on your health plan can use it, too

Learn more about your choices for non-emergency care.

bcbsm.com/findcare

Download the BCBSM Online Visits SM app.
Visit bcbsmonlinevisits.com or call 1-844-606-1608.

Therapy and psychiatry available by appointment only, with evening and weekend hours available.

For language assistance, visit bcbsm.com/language. To view our nondiscrimination policy, visit bcbsm.com/nondiscrimination.