



FAQs: What to Expect During Your Bexa Breast Exam.

Where will the exam take place?

The Bexa Breast Exam will be conducted in a private space in your worksite with you and your female examiner.

What happens during the exam?

- 1 Breast Health Review:**
Your examiner will begin by reviewing your breast health history and answering any questions you may have.
- 2 Simple Preparation:**
You'll be asked to undress from the waist up and covered by an exam sheet for your comfort. It's okay to wear lotion, perfume and deodorant.
- 3 Comfortable:**
You'll lie flat on a heated massage table with a pillow placed under your shoulder.
- 4 Gentle Scanning:**
The examiner will use a handheld sensor, about the size of a computer mouse, with warm hypoallergenic gel or lotion to gently move over the surface of each breast.
- 5 Ultrasound Included:**
If Bexa identifies abnormal tissue, your examiner will perform an ultrasound right then. No additional appointment or waiting is necessary and the ultrasound is part of the Bexa Exam.
- 6 Immediate Results:**
After examining both breasts (approximately 15 minutes total), your examiner will review any findings and explain any next steps.

When will I get my results?

If nothing is found, you'll know that at the end of your exam. If something requires an ultrasound, that ultrasound will be read by a breast radiologist. If the ultrasound indicates that you need more imaging - only about 2% of women getting Bexa exam do - a Bexa doctor or nurse will call you to explain and answer questions within 24-48 hours.

What's the difference between a Bexa exam and a mammogram?

The biggest difference is that women who won't have the mammogram experience, love the Bexa Exam - and women too young for mammograms can also have Bexa Breast Exams. Bexa exams and mammograms are both tests for the early detection of breast cancer. Mammograms use x-rays to find abnormalities and Bexa uses two technologies: gentle pressure to measure the softness or hardness of the breast tissue, and ultrasound - this Bexa way of testing avoids the interference caused by dense breast tissue, and doesn't use radiation. Both tests are accurate, have been clinically studied and reviewed and certified by the FDA. With the Bexa process very few women need additional imaging studies. Women who can have both mammograms and Bexa exams.

Will my doctor accept Bexa results?

Your doctor may have questions about your Bexa Breast Exam and that's okay. Some doctors have not heard of Bexa because we do not perform the exam in the doctor's office. You can share our information with your doctor and a member from our clinical team will speak to your doctor if they'd like. If you have an ultrasound as part of your Bexa exam, the ultrasound report is the standard format accepted by all medical providers. While we encourage you to consult with your doctor, the decision you make for an early detection exam is yours - we want you to have a voice and a choice.

Important Notes

- ✓ **Arrival Time:** Please arrive 5 minutes before your scheduled exam time. Your examiner will meet you at your exam time, so there is no need to check in.
- ✓ **Nipple Piercings:** If you have nipple piercings, please remove them before the exam.
- ✓ **Mobility Requirements:** You must be able to step onto the massage table and lie flat for the duration of the exam.

