The Massage Therapy program prepares an individual in the field of therapeutic massage and bodywork. Massage therapists may be employed in private practice or in a variety of health care settings, spas, and exercise facilities. For more information on this program & career, visit the program website (www.lcc.edu/massage).

The program offers a day cohort that starts every Fall semester and an evening cohort that starts every Spring semester. With limited seats available, enrollment is on a first-come-first-serve basis. This guide includes everything you need to know about the program and how to apply.
APPLICATION PROCESS

*Check out LCC’s Academic Calendars for semester start and ends dates (www.lcc.edu/academics/calendars/)

You must be an LCC student to be eligible for these courses. With limited seats available each semester, enrollment is on a first-come-first-serve basis. Follow these steps to get started:

1. **ATTEND A MANDATORY MASSAGE THERAPY PROGRAM ORIENTATION:**
   Prospective students must attend a 1-hour orientation as part of the application process. Contact Jodi Wiley at 517-483-5204 or at wileyj@lcc.edu to sign-up for a mandatory virtual or face-to-face orientation. An orientation must be completed prior to the program’s start date in order to officially be accepted into the program. Find an orientation date on the Massage Therapy program overview website (www.lcc.edu/academics/areas-of-study/health-public-service/massage/steps-to-apply.html).

2. **APPLY TO LCC:** If you are not currently and have never been an LCC student, apply to the college (www.lcc.edu/admissions-financial-aid/get-started/). Applying is FREE! Then follow the steps on the getting started site linked above.

3. **GET PLACEMENT LEVELS:** Before you can register for classes, all students need to establish their skill-levels in Reading, Writing, and Math (placement levels). Follow the directions below to establish your placement levels. A Reading level 5 and Writing level 6 is required to enroll in Massage classes. Visit LCC’s Placement Testing site (www.lcc.edu/services/testing/placement/) for more information.
   a. **Current LCC students** can find their placement levels by logging into their MyLCC account (https://my.lcc.edu/) and looking in the “Profile” tab.
   b. **First-time college students** can get placement levels by taking Assessment tests in Reading, Writing and Math. International students must complete ESL Placement Tests. Tests are free to complete. They can also get placement levels based off of their High School GPA, AP courses, and/or ACT or SAT scores. For more information, check out the Assessment Waiver Form (https://lcc.edu/services/testing/placement/waive-testing.html).
      *First-time college students will need to attend a College orientation before enrolling in classes. More information is on the Getting Started website (www.lcc.edu/admissions-financial-aid/admissions/first-time.html).
   c. **Transfer students** may be able to receive placement levels based on courses completed at another college. To do this, attach copies of your transcript(s) to the Assessment Waiver Form (https://lcc.edu/services/testing/placement/waive-testing.html). Know that the waiver form does not grant transfer credit. Official transcripts must be sent directly to LCC’s Registrars Office for transfer credit to be awarded.

4. **SUBMIT APPLICATION:** Complete the application available in the Massage Therapy section on the HHS Advising Guide site (www.lcc.edu/hhs/advising-guides.html). Your application and ID can be emailed to Crystal DeLang at delan5@star.lcc.edu.
*Ideally, applications should be submitted no later than 2 weeks prior to the start of the semester.

5. DECLARE YOUR MAJOR: Declare Massage Therapy as your major using the Change of Program Request Form (www.lcc.edu/academics/catalog/degree-certificate-programs/change-of-program.html).

6. REGISTER FOR COURSES: Once you have submitted all required documentation and attended both required orientations (the Massage orientation and *College orientation when applicable), your application will be eligible for review. Application review can take up to 7-10 business days after you have submitted/completed all requirements. Once your application has been processed, you will receive a confirmation email containing course schedule, registration directions, and payment plan information. *You will be unable to register for courses before receiving the confirmation email. For questions on application review and approval, please contact Crystal DeLang at delan5@star.lcc.edu.

APPLICATION PROCESS CHECKLIST: A simplified application process checklist is available on the last page of this document.

Academic Advisors are available by appointment, chat, or email. For more information, visit the Academic Advising site (www.lcc.edu/services/advising/).

ATION REQUIREMENTS

*Applicants must meet all of the following criteria to be eligible to enroll in Massage courses.

<table>
<thead>
<tr>
<th>Admission Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 18 years or older</td>
</tr>
<tr>
<td>Valid driver’s license, state identification card, or birth certificate</td>
</tr>
<tr>
<td>Reading Level 5 (See application process – page 2)</td>
</tr>
<tr>
<td>Writing Level 6 (See application process – page 2)</td>
</tr>
<tr>
<td>*Current CPR certification</td>
</tr>
</tbody>
</table>

*It is recommended students have CPR certification before entering the program. However, students must have it prior to completing MSGE 235, which occurs in the 3rd or 4th semester of the program. CPR certification must be the American Heart Association’s “Basic Life Support” for healthcare professionals or the American Red Cross’s “Basic Life Support.”
ACCREDITATION

LCC’s Massage Therapy program has been accredited since 2010 by the:
Commission On Massage Therapy Accreditation (COMTA)
(https://comta.org/).

LCC’s Massage Therapy program is also a school member with:
The American Massage Therapy Association (www.amtamassage.org/index.html) and the
Associated Bodywork & Massage Professionals (www.abmp.com/).

PROGRAM LAYOUT

The Massage program offers a day and evening cohort. With limited seats available in each
cohort, enrollment is on a first-come-first-serve basis.

<table>
<thead>
<tr>
<th>Massage Cohort</th>
<th>Application Due</th>
<th>Number of Students Admitted Annually</th>
<th>Semester Program Starts</th>
<th>Program Duration (once admitted)</th>
<th>Program Format</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day</td>
<td>2-weeks prior to the start of fall semester (August)</td>
<td>24</td>
<td>Fall</td>
<td>3 consecutive semesters including Summer</td>
<td>Face-to-Face *Some Lectures are Hybrid</td>
</tr>
<tr>
<td>Evening</td>
<td>2-weeks prior to start of spring semester (January)</td>
<td>24</td>
<td>Spring</td>
<td>4 consecutive semesters including summer</td>
<td>Face-to-Face *Some Lectures are Hybrid</td>
</tr>
</tbody>
</table>

DAY COHORT: Admitted students are on LCC’s main campus for lectures, labs, and massage
clinics 4-5 days/week between the hours of 10:00am-2:30pm. Classes do not run on the
weekends however special massage events may be scheduled periodically.

EVENING COHORT: Admitted students are on LCC’s main campus for lectures, labs, and
massage clinics 3-4 nights/week during the spring and fall semesters. During the summer
semester classes meet 2-3 nights/week. The Evening cohort meets between the hours of
5:00pm-10:00pm. Classes do not run on the weekends however special massage events may
be scheduled periodically.

ALL COHORTS: Clinical experiences for both the Day and Evening cohorts are offered on-site
at LCC’s Massage Clinic (www.lcc.edu/services/community-campus-resources/massage-clinic.html).
All classes in the program must be passed with a grade of 2.5 or higher. There is an
attendance policy in effect throughout the entire program.
Upon completion of the program students are eligible to take the Massage and Bodywork Licensing Examination (MBLEx) offered through the Federation of State Massage Therapy Boards (FSMTB). Passing this is one of the required steps in state licensure in Michigan. Students will also earn a **Massage Therapy Certificate of Completion** from LCC. A complete program pathway, including a list of all of the required courses and sequence, is available on the college’s [Degree & Certificate site](https://lcc.edu/academics/catalog/degree-certificate-programs/).

Students have the opportunity to pursue their associate’s degree in Allied Health after completing the Massage Therapy program. **Please Note:** If a student plans to pursue an associate’s degree that is **NOT** in Allied Health and/or transfer to a 4-year institution, Anatomy and Physiology courses (BIOL 145 or BIOL 201 & 202) are recommended in lieu of Anatomy/Physiology Massage I & II (MSGE 132 A&B). BIOL 145 or BIOL 201 & 202 will satisfy the college’s Science General Education requirement for all other associate’s degrees and will transfer to most 4-year institutions whereas MSGE 132 A&B will not. ([https://lcc.edu/academics/catalog/general-education/index.html](https://lcc.edu/academics/catalog/general-education/index.html))

*Students admitted to the program will be required to successfully complete annual training on OSHA, Bloodborne Pathogens, and Universal Precautions.*

**PROGRAM COST**

The approximate cost in 2023-2024 for a Massage Therapy student who receives in-district tuition rates is $9,455; this includes the cost of courses along with Massage Therapy supplies and textbooks. For a detailed cost estimation sheet, including tuition rates for all residencies, check out the Massage section on the [HHS Advising Guide site](https://internal.lcc.edu/hhs/advising_guides/). You can also use LCC’s [tuition cost estimator](https://lcc.edu/admissions-financial-aid/tuition-and-costs/tuition-estimator.html).

Be advised some in-program classes have a portion of the course fee that is non-refundable. Any student who registers for the class and then drops, withdraws, or is otherwise ineligible for the program will not be refunded the non-refundable portion. The non-refundable amount and the items included in course fees vary by class. More information will be provided at the program orientation that occurs after admission decisions are made.
Criminal Background Check

Lansing Community College does not currently require a Criminal Background Check to participate in the Massage Therapy program. However, it is important for students to be aware that when/if they apply to take the MBLEx exam and/or apply for licensure in any other state, there may be criminal background limitations that would require additional documentation and proof of good moral character before licensure.

Visit the American Massage Therapy Association (AMTA) (www.amtamassage.org/regulation/stateRegulations.html) for more information regarding legislation as it relates to practicing massage nationwide. For information specific to massage legislation in Michigan, visit the Michigan Board of Massage Therapy (www.michigan.gov/lara/0,4601,7-154-89334_72600_72603_27529_53660---,00.html).

Skills Essential for the Field

There is no physical assessment prior to enrolling in the program, but it helps to be physically fit and agile to perform massages without becoming fatigued or injured. Please contact the Full-time Assistant Professor, Jodi Wiley, for a complete list of physical requirements, skills, and aptitudes that are required for success in the program (wileyj@star.lcc.edu).

COVID

Because of the COVID-19 pandemic, students are required to comply with all laws, rules, and regulations as well as any guidance provided by the CDC, the local health department, and other governmental authorities. Due to rapid developments related to COVID-19, students are encouraged to periodically visit the College’s website for updated information about COVID-19 (www.lcc.edu/about/coronavirus/).

Chosen/Preferred Name

LCC has adopted a policy providing all members of the campus community the opportunity to use their chosen or preferred name in records and communications across the campus. A chosen/preferred name refers to a first name which is different than the legal first name. Students may request this option via their LCC profile. The student's Chosen/Preferred Name may be used in many contexts, including class rosters, ID Cards (by request), Desire to Learn (D2L) course sites, and more. However, LCC is legally required to use a student's Legal Name for some things. This includes at all clinical and externship sites, on immunization and medical records, official transcripts, diplomas, financial aid records, and more. More information is available on LCC's Chosen Name and Chosen Pronoun initiative site (www.lcc.edu/diversity/chosen-name.html).
NON-DISCRIMINATION STATEMENT

Lansing Community College provides equal opportunity for all persons and prohibits discriminatory practices based on race, color, sex, age, religion, national origin, creed, ancestry, height, weight, sexual orientation, gender identity, gender expression, disability, familial status, marital status, military status, veteran’s status, or other status as protected by law, or genetic information that is unrelated to the person’s ability to perform the duties of a particular job or position or participate in educational programs, courses, services or activities offered by the College.

The following individuals have been designated to handle inquiries regarding the nondiscrimination policies: Equal Opportunity Officer, Washington Court Place, 309 N. Washington Square Lansing, MI 48933, 517-483-1730; Employee Coordinator 504/ADA, Administration Building, 610 N. Capitol Ave. Lansing, MI 48933, 517-483-1875; Student Coordinator 504/ADA, Gannon Building, 411 N. Grand Ave. Lansing, MI 48933, 517-483-1885; Human Resource Manager/Employee Title IX Coordinator, Administration Building, 610 N. Capitol Ave. Lansing, MI 48933, 517-483-1879; Student Title IX Coordinator, Gannon Building, 411 N. Grand Ave. Lansing, MI 48933, 517-483-9632.

CONTACT INFORMATION

Jodi Wiley  
Massage Therapy Lead Faculty  
517-483-5204  
wileyj@star.lcc.edu

Amy Stoakes  
Massage Therapy Program Director  
517-483-1424  
stoaka@star.lcc.edu

Crystal DeLang  
Massage Therapy Program Support  
517-483-1229  
delan5@star.lcc.edu

Check out all of the Health Career Advising Guides  
(lcc.edu/hhs/advising-guides.html)
APPLICATION PROCESS CHECKLIST

Use this simplified checklist to ensure that you have completed all necessary steps in the application process. Please see detailed instructions on page 2 & 3.

___ 1. **Massage Orientation:** Sign-up for and attend a mandatory Massage Therapy program orientation with Assistant Professor Jodi Wiley: wileyj@lcc.edu.

___ 2. **Apply to LCC:** Apply to LCC. If you are currently an LCC student you may skip this step.

___ 3. **LCC New Student Orientation:** Sign-up for and attend a mandatory LCC new student orientation. Current LCC students are encouraged to attend an orientation to stay informed on student responsibilities that are vital for student success.

___ 4. **Placement Testing:** Establish a Reading level (5) and Writing level (6) with placement testing services. Placement testing services: 517-267-5500 or lcc-testing-services@lcc.edu.

___ 5. **Submit Application:** Submit your Massage Therapy program application and ID to Program Support Crystal DeLang: delan5@lcc.edu

___ 6. **Declare Massage Therapy Major:** Declare / Change your LCC major to Massage Therapy (1826).

___ 7. **Register for Courses:** After completing the above steps, allow 7-10 business days for your application to be fully processed. Once your application has been processed, you will receive a “Welcome to the Massage Therapy Program” email containing your class schedule and course enrollment directions. **This email will be sent to your LCC student email only.** You will not be able to register for courses until you have received this email. For questions on application review, please contact Crystal DeLang at delan5@lcc.edu

___ 8. **Sign-up for a Payment Plan:** Immediately after registering for courses you **MUST** sign-up for a payment plan. A payment plan is necessary even if you are using financial aid or a scholarship. **Students who do not sign-up for a payment plan or pay the full amount of their semester tuition will automatically be dropped from their courses.**