**MAJOR:** ATHLETIC TRAINING  
**DEGREES:** BACHELOR OF SCIENCE IN ATHLETIC TRAINING & MASTER OF SCIENCE IN ATHLETIC TRAINING

<table>
<thead>
<tr>
<th>Lansing Community College</th>
<th>Credits</th>
<th>Central Michigan University Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>General Education Requirements – Competencies</strong> (Require a grade of “C” or higher) (15)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ENGL 121 Composition I</td>
<td>4</td>
<td>ENGL 101 Freshman Composition</td>
</tr>
<tr>
<td>ENGL 122 Composition II</td>
<td>4</td>
<td>ENG 201 Intermediate Composition</td>
</tr>
<tr>
<td>COMM 120 Dynamics of Comm. OR COMM 130 Fund. of Public Speaking</td>
<td>3</td>
<td>COM 101 Intro to Communication OR COM 357 Public Speaking</td>
</tr>
<tr>
<td>STAT 170 Introduction to Statistics</td>
<td>4</td>
<td>STA 282QR Introduction to Statistics (fulfills math requirement)</td>
</tr>
<tr>
<td>Writing Intensive</td>
<td></td>
<td>Satisfying the MTA will exempt students from the first 6 credits. The remaining 6 must be completed at CMU.</td>
</tr>
</tbody>
</table>

**General Education – University Program Requirements: All MTA applicable courses require a grade “C” or higher (24-25)**

**Group I Humanities:**  
MTA requires 2 courses from 2 different subjects  
HUMS 213 World Civilization to 1600 | 4 | HST 101 The Development of Western Civ. Ancient to 1700 A.D. |
| HUMS 214 World Civilization from 1600 | 4 | HST 102 The Development of Western Civ. 1700 to the Present |
| PHIL 151 Intro to Logic & Critical Thinking | 4 | PHL 140 Introduction to Logic |
| PHIL 152 Intro to Ethics | 4 | PHL 118 Moral Problems |
| PHIL 153 Knowledge and Reality | 4 | PHL 1 Credit |

**Group II Natural Sciences:**
MTA requires 2 courses from 2 different subjects  
CHEM 151 and 161 General Chemistry Lecture and Lab I | 5 | CHM 131 General Chemistry I |

**Group III Social Sciences:**
MTA requires 2 courses from 2 different subjects  
PSYC 200 Introduction to Psychology | 4 | PSY 100 Introduction to Psychology |
| And one of the following: |
| COMM 280 Intercultural Communication | 3 | COM 195 Intercultural Communication |
| SOCL 120 Introduction to Sociology | 4 | SOC 100 Introductory Sociology |

**Group IV Studies in Culture and Diversity** (Waived if MTA is satisfied)

<table>
<thead>
<tr>
<th>Additional Courses to Fulfill Athletic Training Requirements (11)</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 202 Human Physiology</td>
</tr>
<tr>
<td>PFKN 210 Athletic Training Principles</td>
</tr>
<tr>
<td>PFKN 200 Exercise Physiology AND PFKN 201 Exercise Physiology Lab</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Additional Courses Required for Associate’s Degree (19)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PFFT 109 Introduction to Fitness</td>
</tr>
<tr>
<td>PFHW 123 Human Nutrition*</td>
</tr>
<tr>
<td>PFKN 170 Foundations of Kinesiology</td>
</tr>
<tr>
<td>PFKN 208 Biomechanics</td>
</tr>
<tr>
<td>PJWT 112 Intro to Weight Training</td>
</tr>
<tr>
<td>PHYS 221 Introductory Physics*</td>
</tr>
<tr>
<td>CHSE 120 Medical Terminology*</td>
</tr>
</tbody>
</table>

*These courses are approved substitutions for PFHW 163, PFKN 250, and PFKN 260 on the LCC A.A.S in Kinesiology degree for students pursuing athletic training.

**Total Credits at LCC (69-70)**

**IMPORTANT NOTES**

- It is strongly recommended that transfer students contact CMU early in their college career to ensure proper course sequencing for their major, optimizing course scheduling, and timely degree completion at CMU. Contact the Director of the Athletic Training Program, Dr. Blaine Long at 989.774.2805 or long4b@cmich.edu.
- A grade of C- or better is required for a course to transfer unless otherwise noted.
- A bachelor’s degree at CMU requires a minimum of 120 – 124 semester hours of credit. Some majors or degrees will require more. CMU will accept community college transfer credits beyond the recommended 60 - 64 semester hours; however students will need to complete a minimum of 60 semester hours from an accredited 4-year-degree granting institution. A minimum of 30 semester hours of credit must be earned from CMU. A minimum of 40 hours must be completed at the 300 level or above.
- The University Program Requirements and competencies, other than Writing Intensive competencies, may be fulfilled by students who satisfy the MTA.
- Students are required to meet the following CMU Competency Requirements with a “C” or above prior to reaching 56 credit hours: two Written English (composition) courses, one Oral English (communication) course, and one Mathematics..

Any remaining required and elective courses for a bachelor’s degree will be selected in consultation with an academic advisor to ensure that CMU degree requirements are being met.
OVERVIEW: The B.S.A.T/M.S.A.T program is designed for incoming freshmen and transfer students who are interested in completing a master’s degree in athletic training in 5 years instead of six. Upon completion of the undergraduate major, graduate program; B.S.A.T. and M.S.A.T. graduation requirements, students will be eligible to apply for the Board of Certification, Inc. (BOC) national certification examination for athletic trainers. Completion of this transfer guide will also result in an Associate of Applied Science in Kinesiology at LCC.

COURSES TO BE TAKEN AT CMU:

**ATHLETIC TRAINING MAJOR (62)**

- **Foundational Sciences III (3)**
  - BIO 101 General Biology (3)

- **Behavior Science and Cultural Perspective (9)**
  - HSC 317 Community Health (3)
  - HSC 532 Diversity Issues in the Health Professions (3)
  - PSY 220 Developmental Psychology (3)

- **Core Requirements (20)**
  - ATR 250 Surface Anatomy I (3)
  - ATR 251 Surface Anatomy II (3)
  - ATR 300 Therapeutic Intervention (3)
  - ATR 340 Athletic Training Field Experience (2)
  - ATR 350 Immediate Care (3)
  - ATR 400WI Research Methods and Evidence Based Medicine (3)
  - FNS 375WI Nutrition and Performance (3)

- **Core I Requirements (30)**
  - ATR 500WI Clinical Research I (3)
  - ATR 600 Immersive Clinical Education I (2)
  - ATR 605 Injury Prevention I (2)
  - ATR 610 Clinical Education I (1)
  - ATR 620 Clinical Education II (1)
  - ATR 680 Assessment I (3)
  - ATR 681 Therapeutic Modalities (3)

- **Core I Requirements (cont.)**
  - ATR 682 Assessment II (3)
  - ATR 683 Therapeutic Rehabilitation (3)
  - ATR 684 Assessment III (3)
  - ATR 685 Therapeutic Rehabilitation (3)
  - ATR 687 Manual Therapy (3)

- **Core II Requirements (35, Master/Grad Courses)**
  - ATR 730 Clinical Education III (1)
  - ATR 740 Clinical Education IV (1)
  - ATR 751 Professional Responsibility in Athletic Training (2)
  - ATR 765 Injury Prevention (2)
  - ATR 775 Emergency Care (3)
  - ATR 780 Organization and Administration for Athletic Training (3)
  - ATR 786 Assessment IV (3)
  - ATR 790 Evidence-Based Medicine (3)
  - ATR 792 Cultural Competence in Health Care (3)
  - ATR 794 Pharmacology (2)
  - ATR 795 Clinical Research II (3)
  - ATR 799 Immersive Clinical Education II (9)

Admission Requirements and Retention Standards: Effective Bulletin Year 2020-2021