

**LANSING COMMUNITY COLLEGE**

**Health & Public Services**

**Curriculum Code: 1255**  
**(Effective Fall 2018 –**  
**Summer 2021)**

**Massage, Therapeutic C.A. Pathway**

The Therapeutic Massage Program prepares an individual in the field of therapeutic massage and bodywork. Massage therapists may be employed in private practice or in a variety of health care settings, spas, and exercise facilities. This program is accredited by the Commission on Massage Therapy Accreditation (COMTA), 2101 Wilson Blvd, Suite 302. Arlington, VA 22201. The Program is also a school member of the American Massage Therapy Association. Successful completion of the program prepares an individual for testing through the Massage and Bodywork Licensing Exam (MBLEx).

**Note**

Students must complete all required courses with a minimum grade of 2.5 to receive this Certificate of Achievement.

**For More Information**

Contact the Therapeutic Massage/Massage Therapy Program, Health and Human Services Building, Room 108, telephone number (517) 483-1410, or the Academic Advising Department, Gannon Building - StarZone, telephone number (517) 483-1904.

**Day Cohort (3 Semesters)**

<b>Semester I Fall 2018</b>	<b>Course Title</b>	<b>Prerequisites</b>	<b>Credit/Billing Hours</b>
<b>Program of Study Requirements</b>			
MASG 131	Therapeutic Massage I	Reading Level 5 and Writing Level 6 and HS Diploma or Equivalent and Program Approval	4.5 / 4.5
MASG 132	Body Systems for Massage	Reading Level 5 and Writing Level 6 and Program Approval	3 / 4
MASG 137	Medical Elements of Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 139	Medical Conditions in Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 151B	Event Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251A	Polarity Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
PFFT 104	Therapeutic Massage Fitness Lab	Program Approval	1 / 2
<b>Credits</b>			<b>14.5 / 16.5</b>

Semester II Spring 2019	Course Title	Prerequisites	Credit/Billing Hours
<b>Program of Study Requirements</b>			
MASG 141	Massage Clinic I	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 151A	Research Literacy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 231	Therapeutic Massage II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 232	Therapeutic Massage III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 241	Massage Clinic II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 254	Bus App Therapeutic Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 256	Clinical Assess Therap Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
<b>Credits</b>			<b>16 / 18</b>

Semester III Summer 2019	Course Title	Prerequisites	Credit/Billing Hours
<b>Program of Study Requirements</b>			
MASG 151C	Maternal/Infant Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 151D	Special Populations	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 235	Licensing Exam Prep	Minimum 2.5 in all previous semester MASG courses and Reading Level 5 and Writing Level 6 and Program Approval and Valid CPR certification through the end of class from American Heart Association/Health Care Provider or American Red Cross/Professional Rescuer or Passing grade in NCHE 102 or NCHE 103 within 2 years	1 / 1
MASG 242	Massage Clinic III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 251B	Reflexology	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251C	Asian Body Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251D	Positional Release	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
PFHW 163	Healthy Lifestyles	Reading Level 5 and Writing Level 6	2 / 3
<b>Credits</b>			<b>9.5 / 11.5</b>
<b>Total Credits</b>			<b>40 / 46</b>

<b>Evening Cohort (4 Semesters)</b>			
<b>Semester I Spring 2019</b>	<b>Course Title</b>	<b>Prerequisites</b>	<b>Credit/Billing Hours</b>
<b>Program of Study Requirements</b>			
MASG 131	Therapeutic Massage I	Reading Level 5 and Writing Level 6 and HS Diploma or Equivalent and Program Approval	4.5 / 4.5
MASG 132	Body Systems for Massage	Reading Level 5 and Writing Level 6 and Program Approval	3 / 4
MASG 137	Medical Elements of Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 139	Medical Conditions in Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
PFFT 104	Therapeutic Massage Fitness Lab	Program Approval	1 / 2
<b>Credits</b>			<b>12.5 / 14.5</b>
<b>Semester II Summer 2019</b>	<b>Course Title</b>	<b>Prerequisites</b>	<b>Credit/Billing Hours</b>
<b>Program of Study Requirements</b>			
MASG 151C	Maternal/Infant Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 151D	Special Populations	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251B	Reflexology	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251C	Asian Body Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
<b>Credits</b>			<b>4 / 4</b>

Semester III Fall 2019	Course Title	Prerequisites	Credit/Billing Hours
<b>Program of Study Requirements</b>			
MASG 141	Massage Clinic I	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 151A	Research Literacy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 151B	Event Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 231	Therapeutic Massage II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 256	Clinical Assess Therap Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
PFHW 163	Healthy Lifestyles	Reading Level 5 and Writing Level 6	2 / 3
<b>Credits</b>			<b>11 / 13</b>

Semester IV Spring 2020	Course Title	Prerequisites	Credit/Billing Hours
<b>Program of Study Requirements</b>			
MASG 232	Therapeutic Massage III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 235	Licensing Exam Prep	Minimum 2.5 in all previous semester MASG courses and Reading Level 5 and Writing Level 6 and Program Approval and Valid CPR certification through the end of class from American Heart Association/Health Care Provider or American Red Cross/Professional Rescuer or Passing grade in NCHE 102 or NCHE 103 within 2 years	1 / 1
MASG 241	Massage Clinic II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 242	Massage Clinic III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 251A	Polarity Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251D	Positional Release	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 254	Bus App Therapeutic Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
<b>Credits</b>			<b>12.5 / 14.5</b>
<b>Total Credits</b>			<b>40 / 46</b>