

LANSING COMMUNITY COLLEGE			
Health & Public Services			
Curriculum Code: 1255 (Effective Fall 2017 – Summer 2020)	Therapeutic Massage C.A. Pathway		
This Program is accredited by the Commission on Massage Therapy Accreditation (COMTA), 5335 Wisconsin Avenue NW, Suite 440, Washington, DC 20015.			
<b>Note:</b> Students must complete all required courses with a minimum grade of 2.5 to receive this Certificate of Achievement.			
Students interested in this program of study must refer to the <a href="#">Health and Human Services Division website</a> for specific details.			
Day Cohort (3 Semesters)			
Semester I Fall	Course Title	Prerequisites	Credit/ Billing Hours
Program of Study Requirements			
MASG 131	Therapeutic Massage I	Reading Level 5 and Writing Level 6 and HS Diploma or Equivalent and Program Approval	4.5 / 4.5
MASG 132	Body Systems for Massage	Reading Level 5 and Writing Level 6 and Program Approval	3 / 4
MASG 137	Medical Elements of Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 139	Medical Conditions in Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 151B	Sports Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251A	Polarity Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
PFFT 104	Therapeutic Massage Fitness Lab	Program Approval	1 / 2
<b>Credits</b>			<b>14.5 / 16.5</b>

<b>Semester II Spring</b>	<b>Course Title</b>	<b>Prerequisites</b>	<b>Credit/ Billing Hours</b>
<b>Program of Study Requirements</b>			
MASG 138	Fundamentals/Clinical Massage	Minimum 2.5 in MASG 131 and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 141	Massage Clinic I	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 151A	Chair Masg/Research Literacy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 231	Therapeutic Massage II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 232	Therapeutic Massage III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 241	Massage Clinic II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 254	Bus App Therapeutic Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 256	Clinical Assess Therap Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
<b>Credits</b>			<b>17 / 19</b>

<b>Semester III Summer - Day Cohort</b>	<b>Course Title</b>	<b>Prerequisites</b>	<b>Credit/ Billing Hours</b>
<b>Program of Study Requirements</b>			
MASG 151C	Maternal/Infant Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 151D	Special Populations	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 235	Licensing Exam Prep	Minimum 2.5 in all previous semester MASG courses and Reading Level 5 and Writing Level 6 and Program Approval and Valid CPR certification through the end of class from American Heart Association/Health Care Provider or American Red Cross/Professional Rescuer or Passing grade in NCHE 102 or NCHE 103 within 2 years	1 / 1
MASG 242	Massage Clinic III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 251B	Reflexology	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251C	Asian Body Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251D	Positional Release	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1

PFHW 163	Healthy Lifestyles	Reading Level 5 and Writing Level 6	2 / 3
			<b>Credits</b>
			<b>9.5 / 11.5</b>
			<b>Total Credits</b>
			<b>41 / 47</b>
<b>Evening Cohort (4 Semesters)</b>			
<b>Semester I Fall</b>	<b>Course Title</b>	<b>Prerequisites</b>	<b>Credit/ Billing Hours</b>
<b>Program of Study Requirements</b>			
MASG 131	Therapeutic Massage I	Reading Level 5 and Writing Level 6 and HS Diploma or Equivalent and Program Approval	4.5 / 4.5
MASG 132	Body Systems for Massage	Reading Level 5 and Writing Level 6 and Program Approval	3 / 4
MASG 137	Medical Elements of Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
MASG 139	Medical Conditions in Massage	Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
PFFT 104	Therapeutic Massage Fitness Lab	Program Approval	1 / 2
			<b>Credits</b>
			<b>12.5 / 14.5</b>

Semester II Spring	Course Title	Prerequisites	Credit/ Billing Hours
<b>Program of Study Requirements</b>			
MASG 138	Fundamentals/Clinical Massage	Minimum 2.5 in MASG 131 and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 141	Massage Clinic I	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 151A	Chair Masg/Research Literacy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 151B	Sports Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 231	Therapeutic Massage II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 256	Clinical Assess Therap Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
PFHW 163	Healthy Lifestyles	Reading Level 5 and Writing Level 6	2 / 3
<b>Credits</b>			<b>12 / 14</b>

<b>Semester III Summer</b>	<b>Course Title</b>	<b>Prerequisites</b>	<b>Credit/ Billing Hours</b>
<b>Program of Study Requirements</b>			
MASG 151C	Maternal/Infant Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 151D	Special Populations	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251B	Reflexology	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251C	Asian Body Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
<b>Credits</b>			<b>4 / 4</b>

Semester IV Fall	Course Title	Prerequisites	Credit/ Billing Hours
<b>Program of Study Requirements</b>			
MASG 232	Therapeutic Massage III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	4.5 / 4.5
MASG 235	Licensing Exam Prep	Minimum 2.5 in all previous semester MASG courses and Reading Level 5 and Writing Level 6 and Program Approval and Valid CPR certification through the end of class from American Heart Association/Health Care Provider or American Red Cross/Professional Rescuer or Passing grade in NCHE 102 or NCHE 103 within 2 years	1 / 1
MASG 241	Massage Clinic II	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 242	Massage Clinic III	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1.5 / 2.5
MASG 251A	Polarity Therapy	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 251D	Positional Release	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	1 / 1
MASG 254	Bus App Therapeutic Massage	Minimum 2.5 in all previous MASG courses and Reading Level 5 and Writing Level 6 and Program Approval	2 / 2
<b>Credits</b>			<b>12.5 / 14.5</b>
<b>Total Credits</b>			<b>41 / 47</b>