

## LANSING COMMUNITY COLLEGE

### CURRICULUM GUIDE

Therapeutic Massage  
Certificate of Achievement

Curriculum Code: 1255 (Effective Fall 2015 – Summer 2018)

The Therapeutic Massage Program prepares an individual in the field of therapeutic massage and bodywork. Massage therapists may be employed in private practice or in a variety of health care settings, spas, and exercise facilities. The Program is approved through the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) and is accredited by the Commission on Massage Therapy Accreditation (COMTA), 5335 Wisconsin Avenue NW, Suite 440, Washington, DC 20015. Successful completion of the program prepares an individual for testing through MBLEx (Massage and Bodywork Licensing Exam.)

#### PREREQUISITES

Students should see [Course Descriptions](#) for course prerequisite information. See [Academic Assessment and Placement Testing for Student Success](#) for skills assessment and advising information.

#### INFORMATION

Contact the Therapeutic Massage Program, Health and Human Services Building, Room 108, telephone number (517) 483-1410 (Website: [www.lcc.edu/hhs/programs/massage/](http://www.lcc.edu/hhs/programs/massage/)) or Academic Advising Department, Gannon Building – StarZone, telephone number (517) 483-1904.

REQUIREMENTS (See Notes 1 and 2)		TOTAL: 41 CREDITS
CODE	TITLE	CREDIT HOURS
MASG 131	Therapeutic Massage I	4.5
MASG 132	Body Systems for Massage	3
MASG 137	Medical Elements of Massage	2
MASG 138	Fundamentals/Clinical Massage	1
MASG 139	Medical Conditions in Massage	2
MASG 141	Massage Clinic I	1.5
MASG 151A	Chair Massage	1
MASG 151B	Sports Massage	1
MASG 151C	Maternal/Infant Massage	1
MASG 151D	Special Populations	1

MASG 231	Therapeutic Massage II	4.5
MASG 232	Therapeutic Massage III	4.5
MASG 235	Licensing Exam Prep (See Note 2)	1
MASG 241	Massage Clinic II	1.5
MASG 242	Massage Clinic III	1.5
MASG 251A	Polarity Therapy	1
MASG 251B	Reflexology	1
MASG 251C	Asian Body Therapy	1
MASG 251D	Positional Release	1
MASG 254	Busn App Therapeutic Massage	2
MASG 256	Clinical Assess Therap Massage	1
PFFT 104	Therapeutic Massage Fitness Lab	1
PFHW 163	Healthy Lifestyles	2

**MINIMUM TOTAL** **41**

**NOTES:**

1. To receive this certificate of achievement, students must complete all required courses with a minimum grade of 2.5.
2. Current Basic Cardiac Life Support Certification (BCLS) is required to enroll in MASG 235. Acceptable are American Heart Association/Health Care Provider or American Red Cross/Professional Rescuer Certification or NCHE 102-CPR for Health Care Professionals.

**SUGGESTED COURSE SEQUENCE**

Students should see course descriptions to find out when departments plan to offer courses. Students who for any reason are unable to follow one of the course sequences suggested below (for example, those who are part-time, have transferred in courses from another school, or have prerequisites to fulfill) should contact an academic advisor for help with adjustments.

**Option 1 - Day Cohort**

<u>I - Fall</u>	<u>II - Spring</u>	<u>III - Summer</u>
MASG 131	MASG 138	MASG 151C
MASG 132	MASG 141	MASG 151D
MASG 137	MASG 151A	MASG 235
MASG 139	MASG 231	MASG 242
MASG 151B	MASG 232	MASG 251B
PFFT 104	MASG 241	MASG 251D
	MASG 251A	MASG 256
	MASG 251C	PFHW 163
	MASG 254	

**Option 2 - Evening Cohort**

<b>I - Spring</b>	<b>II - Summer</b>	<b>III - Fall</b>	<b>IV - Spring</b>
MASG 131	MASG 138	MASG 141	MASG 232
MASG 132	MASG 151B	MASG 151A	MASG 235
MASG 137	MASG 151D	MASG 151C	MASG 242
MASG 139	MASG 251B	MASG 231	MASG 251D
PFFT 104	PFHW 163	MASG 241	MASG 254
		MASG 251A	MASG 256
		MASG 251C	