

**Seventh Annual  
Michigan Mental Health  
& Aging Conference**

*Formerly the OBRA Conference*

**May 4-5, 2010**

**The Kellogg Center**

Michigan State University  
East Lansing, Michigan

**Continuing education credits available  
for nurses and social workers**

**Register on-line at [www.lcc.edu/mhap](http://www.lcc.edu/mhap)**

Sponsored by the Michigan Department of Community Health  
Coordinated by the Mental Health & Aging Project  
A program at Lansing Community College

# **Welcome to the Seventh Annual Michigan Mental Health & Aging Conference**

This conference is designed to address the continuing education and training needs of clinicians in Michigan's community mental health system who work with older adults with mental illness, dementia, and/or developmental disabilities. Professionals from other service networks who serve older adults are also welcome to attend.

**Note: CMH staff responsible for PASRR evaluations may obtain reimbursement for all conference-related costs through the regular PASRR billing process.**

Please share this brochure with other colleagues in your agency and community who work with older people. The brochure can also be downloaded from the MHAP website at [www.lcc.edu/mhap](http://www.lcc.edu/mhap).

**The Office of Nursing Home/OBRA Programs will not be hosting a pre-conference meeting for OBRA Coordinators this year.**

**Seventh Annual  
Michigan Mental Health & Aging Conference  
May 4–5, 2010**

**Table of Contents**

<b>Page</b>	
1	Agenda for Tuesday
2	<b>Intensive # 1</b> – <i>Preventing and Responding to Challenging Behaviors in Persons with Non-Alzheimer's Dementias</i>
2	<b>Intensive # 2</b> – <i>Adapting our Approach: Supporting Persons with Disabilities as They Age</i>
3	<b>Intensive # 3</b> – <i>Understanding Culture and Race in Working with Older Adults</i>
3	<b>Intensive # 4</b> – <i>Using Interpersonal Psychotherapy with Cognitively Impaired Elders and their Caregivers</i>
4	<b>Intensive # 5</b> – <i>How to Make a Clinical Diagnosis in Older Adults</i>
5	Agenda for Wednesday
6	Workshop Series A
7	Overnight Accommodations
8	Registration Information
9	Registration Form
10	Accounting Department Information
11	Workshop Series A continued
12-14	Workshop Series B
15	Advisory Committee Members
16-17	Presenter Directory

# AGENDA

Tuesday, May 4<sup>th</sup>

## Advocacy Organization & Vendor Exhibits (Tuesday Only)

*Visit the exhibits and sign up for prize drawings.*

## Book Display (both days)

*Visit the Mental Health & Aging Project library display*

- |                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00–8:30 am      | Registration and Continental Breakfast                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 8:30–8:45 am      | <b>Michael J. Head, MSW</b><br><b>Director, Mental Health and Substance Abuse Administration, Michigan Department of Community Health</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 8:45–10:00 am     | <b>Keynote Presentation: The Uplifting Power of Story</b><br><br><b>La’Ron Williams, BFA</b><br><br>The stories we tell and share affect the ways we think and feel about ourselves and the work we do. By changing our stories, we can change our perception of our circumstances, uplift our spirits, and ease the burden of despair that often prevents us from performing our work with joy.<br><br>Nationally acclaimed and multi-award winning storyteller La’Ron Williams tells stories that are notable for their ability to heal, offer hope, and provide alternatives to despair. Drawing inspiration from the lessons of struggle, perseverance, and survival of Africans in the Western Hemisphere, Williams shares stories that are educational, musical, and highly participatory. His salient gift is his remarkable rapport with audiences of all kinds. |
| 10:30 am–12:00 pm | Concurrent Intensive Sessions: Part I                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 12:00–1:00 pm     | Lunch                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 1:30–4:30 pm      | Intensive Sessions Resume: Part II                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 4:30–6:00 pm      | Reception                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

## #1

### **Preventing and Responding to Challenging Behaviors in Persons with Non-Alzheimer's Dementias**

A person with dementia may present with behaviors that are experienced as difficult by others. These behaviors often reflect the unique cognitive changes that accompany Alzheimer's Disease (AD), Dementia with Lewy Bodies (DLB) or Frontotemporal Dementia (FTD). Effective non pharmacological interventions must be tailored to the specific disorder as well as to the individual. This session will explore interventions that accommodate the differences among AD, DLB, and FTD, based on the brain pathology, course, stages of brain structures affected, and cognitive and behavioral changes. Portions of the Cognitive Impairment Intervention Protocol (CIIP) will be used to illustrate interventions that are individualized to the person, situation, disorder, and stage of disorder.

**Shelly Weaverdyck, PhD**

*This session is supported by funds from the Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, through the Michigan Department of Community Health.*

## #2

### **Adapting Our Approach: Supporting Persons with Disabilities as They Age**

As persons with developmental or intellectual disabilities grow older, they experience the same age-related changes and declines as other adults. This session will examine mental health issues for aging adults with lifelong disabilities, their families, and care providers. Topics include: death and dying, recognizing and supporting the grieving or depressed person, and how the culture of gentle care can support individuals experiencing memory loss and dementia. The presenters will explore ways to encourage self-direction and support person-centered planning, as new experiences replace activities that may no longer be possible. This session will also address how to help direct care workers and family members recognize and accept these changes, alter their approach to the person, and cope with their own feelings as the person ages.

**Charlyss Brandon, OTRL;  
Andrea Harral, LMSW, LPC, BF,  
LPCS, CM; Annette Jeske, MSA,  
and Kym Juntti, BBL**

### #3

#### **Understanding Culture and Race in Working with Older Adults**

This workshop will present the challenges of providing culturally competent and racially responsive mental health services to older adults. The meaning of aging and how race is negotiated varies across culture and generations. A firm distinction between culture and race will be made to facilitate some honest dialogue about the dynamics of culture and race. Cultural competency does not necessarily imply racial sensitivity, and racial awareness does not necessarily imply cultural competency. Discerning the intersections of culture and race is dependent on understanding how these constructions operate differently in our lives. Recommendations for individuals and agencies will be made to enhance both multicultural competency and racial responsiveness. A combination of storytelling, lecture, and experiential methods will be employed for safe interactive learning.

**John Lee, PhD**

### #4

#### **Using Interpersonal Psychotherapy with Cognitively Impaired Elders and their Caregivers**

Executive dysfunction often precedes memory loss in the progression of cognitive impairment in late life; it is frequently misrecognized or misunderstood by caregivers in its early stages, leading to interpersonal disputes or even elder abuse. Interpersonal Psychotherapy (IPT) is an evidence-based, short-term psychotherapy developed for depression that has recently been adapted for specifically meeting the needs of persons with cognitive impairment and their caregivers. This session will present principles of IPT for cognitive impairment (IPT-ci) for use by mental health providers and other professionals working with cognitively impaired individuals with and without coexisting depression. Video vignettes will illustrate key features by demonstrating how to provide flexibly scheduled individual or joint sessions with individuals and caregivers, mediate role disputes and seek a "steady state" of maximized functioning. Lifelong management strategies will also be outlined. Dr. Miller is the author of *Clinicians Guide to Interpersonal Psychotherapy in Late Life: Helping Cognitively Impaired or Depressed Elders and Their Caregivers* (2009).

**Mark Miller, MD**

## #5

### **How to Make a Clinical Diagnosis in Older Adults**

To formulate an accurate diagnosis, mental health professionals must possess a well developed set of clinical interviewing skills, be familiar with specific diagnostic criteria, and know how to select and use appropriate assessment tools. Participants in this session will learn how to make a clinical diagnosis based on a comprehensive interview, assessment tools, and the guidelines set forth in the DSM-IV-TR. The presenter will review the components of a thorough clinical interview and discuss how to select and use appropriate testing instruments. Participants will also learn how to determine the primary diagnosis when co-occurring disorders are present and will explore the complex issues that may complicate the diagnostic process when the person is a nursing home resident. Individuals attending this session are expected to be familiar with the DSM-IV-TR.

**Suzanne Keller, PhD**

**AGENDA**  
**Wednesday, May 5<sup>th</sup>**

- 7:45–8:30 am** Registration  
(for those who did not register on Tuesday)
- 8:30–8:45 am** **Welcome**  
**Sharon Gire, MSW**  
Director, Michigan Office of Services to the Aging
- 8:45–10:00 am** **Keynote Address: Advances in the Assessment and Treatment of Alzheimer’s Disease and Related Disorders**  
  
**Henry Paulson, MD, PhD**  
  
This presentation will provide an overview of the various types of dementia, including Alzheimer’s disease, Dementia with Lewy bodies, vascular dementia, and frontotemporal dementia. Dr. Paulson will discuss clinical features, risk factors, differential diagnosis, and current and future approaches to treatment  
  
Dr. Paulson is the Lucille Groff Professor in the Department of Neurology, University of Michigan Medical Health System and serves as Co-Director of the Michigan Alzheimer’s Disease Research Center (MADRC). The MADRC is a nationally funded organization devoted to research, clinical care, and providing current information on Alzheimer’s disease and related disorders.
- 10:30 am–12:00 pm** Workshops (Series A)
- 12:00–1:00 pm** Lunch
- 1:30–4:30 pm** Workshops (Series B)
- 4:30 pm** Conference Ends

**A Series**  
**10:30 am – 12:00 pm**

**A – 1**  
**OBRA Roundtable**

This session is designed for OBRA Coordinators (with over one year experience) and veteran OBRA clinicians. Participants will have the opportunity to ask questions of the MDCH OBRA reviewers and share strategies for managing the PASRR process with peers from across the state.

**Eva Duckworth, RN, BSN, Stacy O’Hair, LMSW, ACSW, and Michelle Townsend, LMSW, ACSW**

**A – 2**  
**Recognizing and Supporting Adults with Autism Spectrum Disorders**

Many individuals with Autism Spectrum or related disorders are currently a part of our adult service network. The special abilities, challenges and response patterns of these individuals require specific understanding and approaches on the part of service providers/ systems. This session will provide an overview of spectrum and related neurological disorders. We will then discuss proven strategies for providing proactive supports to improve communication and functioning while reducing the likelihood of challenging behaviors and other complications among these unique consumers of our service.

**Lynn A. Sweeney, MA, CCC-SLP**

**A – 3**  
**Strategies for Assisting Individuals with Advanced Parkinson’s Disease**

This session will provide an overview of the commonly seen physical, emotional, and cognitive dysfunctions in Advanced Parkinson’s Disease. Case studies will be used to highlight helpful strategies for assisting individuals with this disorder to cope with the complex challenges they face. Participants will learn to anticipate common symptoms of Parkinson’s, to recognize side effects of medications, and to use non-pharmacological interventions to deal with symptoms and/or side effects of medications.

**Louise E. O’Donnell, RN, MS, NP**

**A – 4**  
**The REACH OUT Caregiver Support Program**

This session will focus on the evidence-based REACH OUT program developed to teach family caregivers of persons with dementia skills to reduce their stress and burden. Many positive outcomes have resulted from participation in this program, including reduction in caregiver depression. The presenter has adapted this program for use in community agencies. Individuals registering for this session are urged to download the recent CDC monograph: *Implementing a Community-Based Program for Dementia Caregivers: An Action Guide using REACH OUT* (<http://www.iog.umich.edu/reachout/reachout.htm>).

**Lou Burgio, PhD**

**A – 5**

**Older Adult Mental Health –  
Building a Case for Funders**

The Older Adult Specialty In-home Services (OASIS) Program was funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide mental health services to isolated, homebound older adults, identified through various community resources. This workshop will examine the process Oakland Family Services used to establish this program, including lessons learned, barriers, and successes.

**Micheline Sommers, MSW,  
LMSW**

**A – 7**

**Using Family Psychoeducation  
with Older Consumers  
and Their Families**

Family Psychoeducation (FPE) is an evidence-based practice which involves partnering with mental health consumers and their families in multi-family groups to share current information about the illness and to help participants develop skills for addressing challenging situations that may arise. This workshop will provide an overview of the model and how it can be used with families in which the consumer is an older adult.

**Cathy Adams, LMSW, ACSW,  
CAAC; Stacy Fox-Elster, LMSW,  
and Sue Nicholson, LMSW**

**A – 6**

**Certified Peers  
and Professionals  
Working Together**

Certified Peer Support Specialists (CPSS) are a valuable resource for persons with serious mental illness in Michigan's CMH system.

Participants will explore creative ways of collaborating with peers to support consumers in their journey of recovery.

**Ernie Reynolds, CPSS**

**A – 8**

**Mild Cognitive Impairment**

Dr. Heidebrink will review the concept of mild cognitive impairment (MCI) and its distinction from normal aging and dementia. She will describe the natural history of MCI and discuss the risk of progression from MCI to dementia, including factors that may influence the risk. Treatment strategies for MCI will also be presented.

**Judith Heidebrink, MD**

## **B Series**

**1:30 – 4:30 pm**

### **B – 1** **OBRA 101**

New\* OBRA coordinators and evaluators will receive an introduction to OBRA and the PASRR process. This workshop will focus on the fundamentals of PASRR, including the Level II evaluation, placement options, and recommendations for mental health services.

**Eva Duckworth, RN, BSN; Stacy O'Hair, LMSW, ACSW and Michelle Townsend, LMSW, ACSW**

\*In the job one year or less.

### **B – 2** **Helping People Find Their Voices: Using a Range of Tools and Strategies**

Regardless of your role in serving people, your ability to communicate with people who have communication challenges can dramatically impact the quality of their lives. This presentation will provide information about working with people with a range of communication abilities from those who are not able to speak to others who have difficulty making themselves understood. You will learn basics for assessment and intervention to support listening, following directions, expressing status, wants and needs and reducing frustration and behavior challenges. A range of simple, low-cost and creative communication

tools and strategies for those with developmental and acquired communication problems will be provided with case examples for use. Learn new research findings about human interaction and how to help others answer questions, make choices, participate in person-centered planning and much more.  
**Lynn A. Sweeney, MA, CCC-SLP**

### **B – 3** **Strategies for Assisting Individuals with MS**

People with multiple sclerosis (MS) who are in need of in-home or in-facility care, as well as their caregivers, struggle with the complex physical, emotional, and psychosocial needs associated with advanced MS. This session will address the pathophysiology and variations in natural history of MS that impact the work of CMH care providers. Participants will learn to distinguish functional impairments requiring CMH intervention from those seen in the majority of individuals with MS, to evaluate usual MS management strategies for appropriateness for the client requiring CMH services, and to anticipate care challenges associated with caring for the homebound/in-facility individual with MS.  
**Louise O'Donnell, RN, MS, NP**

#### **B – 4**

### **Older Adults with Co-occurring At-Risk Drinking and Mental Disorders**

More than half of older adults who drink alcohol in excess of recommended limits have a co-occurring mental disorder, such as depression, anxiety or dementia. The combination of these problems places older adults at increased risk for poor treatment outcomes, increased health problems, disability, and suicide. Problems are often exacerbated with placement in a long term care setting where alcohol and other substances are not as readily available. Brief motivational interventions have been shown to be effective in addressing at-risk and problem drinking in late life. This workshop addresses issues of screening, assessment, differential diagnosis, brief interventions, treatment, and outcomes for older adults with co-occurring disorders.

**Frederic Blow, PhD**

#### **B – 5**

### **Pain Management in Long-Term Care: Palliative vs Curative Approaches**

This presentation is based on the Clinical Practice Guidelines for Acute Pain Management and Clinical Practice Guidelines for Quality Palliative Care. Participants will learn how to assess pain accurately through the use of clinical tools and other strategies and how to identify appropriate pharmacologic and/or non-pharmacologic therapies to address pain. This session will also explore how to meet the psychosocial and spiritual needs of individuals experiencing pain, the impact of culture on the experience and treatment of pain, and the ethical and legal issues associated with pain management versus palliative care.

**Michael Paletta, MD, and Mary Foerg, LMSW, EdS**

**B – 6**  
**Appropriate Use  
of Psychoactive Medication  
in Older Adults  
or Nursing Home Residents**

This session will focus on medications that are used to treat psychiatric symptoms, with an emphasis on treatment of depression. Recommended usage, expected results, and common side effects will be addressed. The presenters will discuss gradual dose reduction (GDR) and the documentation required for continued use of psychoactive medication in nursing home residents.

**William Beecroft, MD, and  
Eugenia Dumlao-Reedy, RN,  
MSN**

**B – 7**  
**Ethical Issues in Working  
with Older Adults  
with Mental Illness  
or Dementia**

This interactive session will explore the ethical dilemmas faced by mental health clinicians and other service providers who work with older adults who have psychiatric disorders and/or cognitive impairment. The presenter will address such issues as autonomy, competency, working with limited resources, and the special challenges that arise when an individual makes choices that conflict with our own personal values. Participants are encouraged to bring examples of situations they encounter in their work.

**Leonard Weber, PhD**

**B – 8**  
**Supporting Consumers  
in the Community**

This session will provide information about resources and services available through Michigan's aging and disability networks to help elders and adults with disabilities remain at home or transition back into the community from an institutional setting. Participants will learn about the Nursing Facility Transition Program, the Michigan Aging and Disability Resource Centers, and the Veteran's Administration Home & Community Services program.

**Kathryn Boles, BA; Sheri  
DeLoof, LMSW; Kathy  
McGaethy, BA; Ellen Speckman-  
Randall, MA, and Mike Zelley**

# Conference Advisory Committee

**Mary Ablan, MA, MSW**

Area Agencies on Aging Assn of Mich,  
Lansing

**Matt Beha, BA**

Mental Health and Aging Project,  
Lansing

**David Breyer, MS, LLP, LMSW,  
CAAC**

Bay-Arenac Behavioral Health, Bay City

**Marci Cameron, MA**

Program Consultant to MDCH, Lansing

**Arlene Campanella, MC, LPC**

CMH of Clinton-Eaton-Ingham,  
Lansing

**Eva Duckworth, RN, BSN**

PASRR Reviewer  
MDCH / OBRA, Lansing

**Eugenia Dumlao-Reedy, RN, MSN**

Michigan Dept. of Community Health,  
Lansing

**Mark Halvorsen, MA, LMSW**

Hiawatha Behavioral Health, St. Ignace

**Nancy Hayward, RN, BSN, MPH**

Lansing Community College, Lansing

**Christine Hennessey, MA, LPC,  
LMSW**

Mental Health and Aging Project,  
Lansing

**Julie Hurley, LPN**

Pines Behavioral Health Svcs,  
Coldwater

**Beverly Kluzak, LMSW**

Allegan County CMH Svcs, Allegan

**Anne Lawrence, LMSW**

Washtenaw County CSTS, Ann Arbor

**Carlton Nogle, LMSW**

Tri-County Office on Aging, Lansing

**Stacy O'Hair, LMSW, ACSW**

PASRR Reviewer, MDCH / OBRA,  
Lansing

**Suzann Ogland-Hand, PhD**

Pine Rest Christian Mental Health  
Services, Grand Rapids

**Ernest Reynolds, CPSS**

Northern Lakes CMH, Roscommon

**Carol Riddle-Wallus, LLP, LMSW,  
LPC**

Senior Services, Inc., Kalamazoo

**Alyson Rush, LMSW**

Michigan Dept. of Community Health  
Lansing

**John Sczomak, PhD, LP**

NSO/Older Adult Services, Detroit

**Michelle Townsend, LMSW, ACSW**

Michigan Dept. of Community Health,  
Lansing

**Steve Velzen-Haner, LMSW, MM**

HHS Health Options, Grand Rapids

**David Verseput, JD**

Michigan Dept. of Community Health,  
Lansing

**Beth Wendricks, LMSW, ACSW**

Pathways CMH, Marquette

**Julie Wheaton, AMLS, LMSW**

Mental Health and Aging Project,  
Lansing

# Directory of Presenters

**Cathy Adams, LMSW, ACSW, CAAC**

Senior Mental Health Therapist, CMH of Clinton-Eaton-Ingham, Lansing

**William Beecroft, MD**

Consulting Psychiatrist, Older Adult Services and OBRA Program, CMH of Clinton-Eaton-Ingham, Lansing

**Frederic Blow, PhD**

Professor and Research Professor, Department of Psychiatry, University of Michigan, and Director, National Serious Mental Illness Treatment Research & Evaluation Center, Department of Veterans Affairs, Ann Arbor

**Kathryn Boles, BA**

Director, Valley Area Agency on Aging, Flint

**Charlyss Brandon, OTRL**

Specialist for Services and Supports for Persons with Developmental Disabilities  
Michigan Department of Community Health, Lansing

**Lou Burgio, PhD**

Harold R. Johnson Professor of Social Work; Research Professor, Institute of Gerontology, School of Medicine; Adjunct Professor, School of Nursing and Department of Psychology; Director, the REACH OUT Training Institute, the University of Michigan, Ann Arbor

**Sheri DeLoof, LMSW**

Coordinator, Home and Community Based Programs, VA Medical Center, Battle Creek

**Eva Duckworth, RN, BSN**

PASRR Reviewer, Office of Specialized Nursing Home/OBRA Programs, Michigan Dept. of Community Health, Lansing

**Eugenia Dumlao-Reedy, RN, MSN**

Surveyor Monitor, Nursing Home Monitoring Division, Michigan Department of Community Health, Lansing

**Mary Foerg, LMSW, EdS**

Project Specialist II, Maggie Allesee Center for Quality of Life at Hospice of Michigan, Detroit

**Stacy Fox-Elster, LMSW**

Mental Health Therapist, CMH of Clinton-Eaton-Ingham, Lansing

**Andrea Harral, LMSW, LPC, BF, LPCS, CM**

Psychotherapist, Macomb Oakland Regional Center, Auburn Hills

**Judith Heidebrink, MD**

Assistant Professor of Neurology, University of Michigan Health System, VA Ann Arbor Healthcare System, Ann Arbor

**Annette Jeske, MSA**

Housing Coordinator, Region VII Area Agency on Aging, Bay City

**Kym Juntti, BBL**

Director, The Michigan Center for Positive Living Supports, an affiliate of Macomb Oakland Regional Center, Inc., Clinton Township

**Suzanne Keller, PhD**

Licensed Geropsychologist, Assistant Professor, Wayne State University School of Medicine, Dept. of Psychiatry and Behavioral Neurosciences, Detroit

**D. John Lee, PhD**

Staff Psychologist and Coordinator, Multi-Ethnic Counseling Center Alliance, Counseling Center, Michigan State University, East Lansing

**Kathy McGaethy, BA**

Advocacy Team Leader, The Disability Network, Flint

**Mark Miller, MD**

Associate Professor of Geriatric Psychiatry, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center and Medical Director, Late Life Depression Center, Pittsburgh, PA

**Sue Nicholson, LMSW**

Mental Health Therapist, CMH of Clinton-Eaton-Ingham, Lansing

**Louise E. O'Donnell, RN, MS, NP**

Neurology Nurse Practitioner, MS Clinic Coordinator, & Study Coordinator, Michigan Medical P.C., Neurology, Grand Rapids

**Stacy O'Hair, MSW, ACSW**

PASRR Reviewer, Office of Specialized Nursing Home/OBRA Programs, Michigan Dept. of Community Health, Lansing

**Michael Paletta, MD**

Chief Medical Officer and Executive Medical Director, Hospice of Michigan, Detroit

**Henry Paulson, MD, PhD**

Lucille Groff Professor, Department of Neurology, University of Michigan Medical Health System and Co-Director, Michigan Alzheimer's Disease Research Center, Ann Arbor

**Ernie Reynolds, CPSS**

Northern Lakes CMH, Roscommon

**Micheline Sommers, LMSW**

Director of Specialty Services, Oakland Family Services, Pontiac

**Ellen Speckman-Randall, MA**

Project Director, Michigan Nursing Facility Transition Program, Michigan Department of Community Health, Lansing

**Lynn A. Sweeney, MA, CCC-SLP**

Director, Sweeney Communication & Consultation Services and graduate faculty member, Central Michigan University, Mt. Pleasant

**Michelle Townsend, LMSW, ACSW**

Appeals Coordinator, Office of Specialized Nursing Home/OBRA Programs, Michigan Dept. of Community Health, Lansing

**Shelly Weaverdyck, PhD**

Director, Eastern Michigan University Alzheimer's Education and Research Program, Ypsilanti

**Leonard Weber, PhD**

Ethics Consultant, Detroit

**La'Ron Williams, BFA**

Storyteller, Ann Arbor

**Mike Zelley**

President/CEO, The Disability Network, Flint

## Overnight Accommodations

Please make your own hotel reservations. Identify yourself with the Mental Health & Aging Conference and ask for the conference rate. These hotels have blocked rooms for the conference dates – their web sites may not show all availabilities, so call. The rates below do not include taxes.

### **Kellogg Center – conference site**

<http://www.hfs.msu.edu/kellogg/>

1-800-875-5090 or 1-517-432-4000

Restaurant, fitness center, **parking included in room rate**

Standard: \$94; Deluxe: \$104; Luxury: \$114 — cut-off-date: April 2nd

### **Marriott East Lansing University Place**

<http://tinyurl.com/ycymhvy> (enter group code MMHMMHA where requested)

1-800-228-9290 or 517-337-4440

300 M.A.C. Avenue, East Lansing (0.7 mile from Kellogg Center)

Near downtown East Lansing shops, art galleries

Indoor pool, restaurant; 100% smoke-free environment

\$124 — cut-off-date: April 3rd

### **Howard Johnson East Lansing**

<http://www.howardjohnson.com>

1-800-446-4656 or 1-517-351-5500 (use code CGLCC)

1100 Trowbridge Rd (0.83 mile from Kellogg Center)

I-127 Trowbridge Road Exit

Indoor heated swimming pool and whirlpool, free high speed Internet access, hair dryer, ironing board & iron in room, free deluxe Continental breakfast

\$72 room or \$92 suite — cut-off-date: April 12th

### **University Quality Inn, East Lansing**

<http://www.universityqualityinn.com/>

1-800-228-5151 or 1-517-351-1440

3121 E. Grand River, Lansing (1.03 mile from Kellogg Center—near Frandor Shopping Center)

Free full hot breakfast, indoor pool, spa

\$76.46 — cut-off-date: April 12th

### **Candlewood Suites, Lansing**

<http://www.ichotelsgroup.com>

1-877-226-3539 or 1-517-351-8181

3545 Forest Rd (1.89 miles from Kellogg Center)

Kitchenette w/full size refrigerator/freezer (and icemaker), dishwasher, range, microwave, free high speed Internet access, hair dryers, iron/ironing board, laundry basket in each suite, free fitness center, free shuttle service

\$89 room or \$109 suite — cut-off-date: May 4 (if rooms are still available)

# Registration Information

## How To Register:

Registrations will be accepted on a first-come, first-served basis until capacity is reached.

- We encourage you to register on-line at [www.lcc.edu/mhap](http://www.lcc.edu/mhap)
- Or complete the registration form in the brochure and fax to Matt Beha at 517/483-1852 by April 19th. Payment is due April 26th.
- If your employer is paying for the conference, send a copy of the completed registration form to the accounting department and ask that they send us the Notice of Late Payment if the check will not be received by April 26th. Please follow up to make sure the check or form has been mailed.
- A confirmation memo will be sent to anyone who has registered. **If you do not receive a confirmation by April 30th, contact Matt Beha to confirm that you are registered.**

## For Those Seeking Continuing Education Hours (no additional charge)

- Nurses: Fill in your complete Social Security number on the registration form. This information will be kept in confidence. You are required to provide the last four digits of your SS number when signing in at the conference.
- Social Workers: Fill in your Permanent ID # from the State of Michigan. You are required to provide this number when signing in at the conference.

## Cancellation Policy

The registration fee, minus a \$20 administrative charge, will be refunded if the registration is cancelled by April 30th. No refunds will be made after this date. Any individuals who do not attend, but have registered without paying, will be billed \$75 per day to help defray conference costs incurred by their registration.

**Fax Registration form to:** Matt Beha at 517/483-1852.

**Mail check to:** Lansing Community College  
MC 3500-MHAP (this internal address must be included)  
P.O. Box 40010  
Lansing MI 48901-7210

**For additional information:** Contact Matt Beha by email at [beham@lcc.edu](mailto:beham@lcc.edu) or by phone at 517/483-1529.

## ADA Accommodations:

If you require accommodations to permit your attendance or participation, please provide a written request to Matt Beha at the above address by March 31.

Print off, complete, and fax registration form to: Matt Beha at 517/483-1852.

**Registration Form – Due April 19, 2010**

Please print or type your name as you would like it to appear on your name tag:

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_  
(Area Code) (Area Code)

Email address \_\_\_\_\_

Please write (1) by your 1st choice and (2) by your 2nd choice for the Intensives and Workshops.

**Intensives                      Morning Workshops                      Afternoon Workshops**

<b>May 4 All-day session</b>	<b>May 5 A Series - 10:30–12:00</b>	<b>May 5 B Series - 1:30–4:30</b>
# 1	A-1	B-1
# 2	A-2	B-2
# 3	A-3	B-3
# 4	A-4	B-4
# 5	A-5	B-5
	A-6	B-6
	A-7	B-7
	A-8	B-8

**Payment is due April 26th**

(Continuing Education & Contact Hours are included in the registration fee.)

Nurse Contact Hours – Social Security # \_\_\_\_\_

Social Work CEs – Social Work Permanent ID # \_\_\_\_\_

\_\_\_\_\_ \$210 Two Day

\_\_\_\_\_ \$135 Tuesday

\_\_\_\_\_ \$135 Wednesday

TOTAL DUE \$ \_\_\_\_\_

\_\_\_\_\_ I require a vegetarian meal.

**Mental health consumers may apply for scholarships to cover the registration fee. For further information contact Matt Beha at beham@lcc.edu.**

## Accounting Department Information

On the back of this sheet is the registration form for a staff person at your organization to attend the Mental Health & Aging Conference. We realize that sometimes there is not sufficient time to cut and mail a check by the due date. If this is the case, please use the form below to let us know when we may expect your check. **Your staff person will not be registered for the conference until we either receive a check or the form below by April 26th.**

- Lansing Community College's Federal I.D. number is 38-1787641
- Please be sure you have our current address in your computer files. The address must include our internal mail code (3500-MHAP) to assure that we receive the registration form and check.
- Make checks payable to Lansing Community College and mail to:

**Lansing Community College  
MC 3500-MHAP (this internal address must be included)  
P.O. Box 40010  
Lansing MI 48901-7210**

- Payment is due in our office by April 26th.
- If this deadline cannot be met, please complete the form below and fax it to Matt at 517/483-1852.

If you have any further questions, contact Matt Beha at 517/483-1529 or email at beham@lcc.edu. Thank you!

---

### Notice of Late Payment Fax to Matt at 517/483-1852

Name of Agency \_\_\_\_\_

Name(s) of staff attending conference \_\_\_\_\_

The check in the amount of \$ \_\_\_\_\_ will be mailed on (date) \_\_\_\_\_

Name of accounting department contact person \_\_\_\_\_

Phone \_\_\_\_\_  
(Area Code)