



DEMENTIA CARE SERIES

Michigan Department of Community Health

THOUGHTS & SUGGESTIONS FOR CARING

Caring Sheet #9: Resources:

The Physical Environment

By Deb deLaski-Smith, PhD

Introduction

Many sources of information about the physical environment are available. The following references, listed in alphabetical order under each heading, allow for further exploration of issues regarding the physical environment in private homes and other long term care or community residences. Some sources are theoretical in nature while others are practical and provide detailed solutions. Information for acquiring the references is also included.

PRODUCT CATALOGS:

ABLEDATA, PAM Assistance Center, 601 W. Maple St., Lansing, MI 48906, 517-371-5897

Accent on Information, P.O. Box 700, Bloomington, IL 61702, 309-378-2961

Access for Handicapped, 5014 42nd St., NW, Washington, D.C. 20016

American Standard Inc. Barrier-free Products, Literature Department, 114 Mayfield Ave., Edison, NJ 08837, 800-752-6292

Comfortably Yours, 52 West Hunter Ave., Maywood, NJ 07607

Environmental modifications for the visually impaired: A Handbook, American Foundation for the Blind, 15 West 16th St. New York, NY 10011.

Fire safety for hearing impaired people, Design and Construction Department, Environmental Design Center for the Deaf, Gallaudet College, Kendall Green, Washington, D.C. 20002



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GE real life design (1995), Pub. No. 24-C264; GE Appliances, Louisville, KY 40225

Hartford House: A resource guide. ITT Hartford Insurance Co., 200 Executive Boulevard, Southington, CT 06489

Help for Incontinent People, P.O. Box 8310, Spartenburg, SC 29305-8310, 800-252-3337

Help Yourself Aids Catalog, P.O. Box 192, Hinsdale, IL 60521

Kohler Hospital Plumbing Products Catalog, Kohler Co., Kohler, WI 53044

National Center for Access Unlimited, the readily achievable checklist: A survey for accessibility, 155 N. Wacker Drive, #315, Chicago, IL 60606, 312-368-0380

Products for People with Vision Problems, American Foundation for the Blind, Consumer Department, 15 West 16th St., New York, NY 10011

Product Inventory of Hardware, Equipment and Appliances for Barrier Free Design, National Handicapped Housing Inst., 12 S. Sixth St, Suite 1216, Minneapolis, MN 55402

Resource Directory for Older People, National Institute on Aging, Public Information office, Building 31, Rm 5C27, 31 Center Drive MSC 2292, Bethesda, MD 20892-2292, 800-222-2225

Sears Home Health Care Catalog, Sears, Roebuck & Co., Sears Tower, Chicago, IL 60684

Self Help Aids Catalog, Fred Sammons Inc., 145 Tower Dr., Burr Ridge, IL 60521

Special Products for People with Special Needs, Maddak Inc. Pequannock, NJ 07440, 201-694-0500

The gadget book: Ingenious devices for easier living, Foresman/AARP Books, 1865 Miner St., DesPlaines, IL 60016

Tools for independent living and designs for independent living, Whirlpool Corporation, Appliance Information Services, P.O. Box 5551, Kalamazoo, MI 49003



BOOKS:

Accessible Space Team (1996). *Accessible design review guide: An ADAAG guide for designing and specifying space, buildings, and sites*. New York, NY: McGraw Hill.

Altman, I., Lawton, M. P., Wohlwill, J. F. (eds.) (1984). *Elderly people and the environment: Human behavior and environment: Advances in theory and research*. New York, N.Y: Plenum Press.

American National Standards Institute (1998). *A guide book to the minimum federal guidelines and requirements for accessible design ANSI 117.1998 U.S. Architectural and Transportation Barrier Compliance Board, Office of Technical Services; Office of Compliance and Enforcement, Washington, D.C.*

Brawley, E. C. (1997). *Designing for Alzheimer's Disease: Strategies for creating better care environments*. New York, NY: John Wiley & Sons.

Bush-Brown, A. & Davis, D. (1992). *Hospitable design for healthcare and senior communities*. New York, NY: Van Nostrand Reinhold.

Calkins, M. P. (1993). *Design for dementia: Planning environments for the elderly and confused*. Cleveland Hts, OH: IDEAS.

Christenson, M. (1990). *Aging in the Design Environment*. New York: NY: Haworth Press Inc.

Cohen, U. & Day, K. (1993). *Contemporary environments for people with dementia*. Baltimore, MA: The Johns Hopkins University Press.

Ittelson, W. (1975). *Some issues facing a theory of environment and behavior. Theory development in environment and aging*. Washington, D.C.: Gerontology Society.

Lawton, M. P. (1982). *Competence, environmental press, and the adaptation of older people*. In Lawton, Windley, & Byerts (eds.), *Aging and the environment*, New York, NY: Springer.

Lawton, M. P. (1980). *Environment and aging*. Monterey, CA: Brooks, Cole Pub.

Lawton, M. P. & Hoover, S. L. (1988). *Community housing choices for older Americans*. New York, NY: Springer Books in Gerontology and Geriatrics.



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Leibrock, C. (1998). *Beautiful universal design*. New York, NY: Van Nostrand Reinhold.

Lifchez, R. & Winslow, B. (19). *Design for independent living*. New York, NY: Whitney Library of Design, Watson-Guption Division, Billboard Pub., Inc.

Michigan Barrier Free Construction Code Graphics Department of Labor, State of Michigan, East Lansing, MI

Newcomer, R. J., Lawton, M. P., & Byerts, T. O. (1986). *Housing an aging society: Issues, alternatives and policy*. New York, NY: Van Nostrand Reinhold.

Null, R. L. (1996). *Universal design: Creative solutions for ADA compliance*. Belmont, CA: Professional Publications, Inc.

Office of Technology Assessment (1985). *Technology and aging in America*. Washington, D.C.: U.S. Congress.

Pilatowicz, G. (1995). *Eco-interiors: A guide to environmentally conscious interior design*. New York, NY: John Wiley & Sons.

Pirkl, J. J. (1994). *Transgenerational design: Products for an aging population*. New York, NY: Van Nostrand Reinhold.

Regnier, V. A. (1994). *Assisted living housing for the elderly: Design innovations from the United States and Europe*. New York, NY: Van Nostrand Reinhold.

Ramsey, M. (1985). *Providing a safe home environment*. in *Our aging parents: A practical guide to eldercare*. Brown & Onzuko-Anderson (eds.) Honolulu, HI: University of Hawaii Press.

Raschko, B. B. (1982). *Housing interiors for the disabled and elderly*. New York, NY: Van Nostrand Reinhold Co.

Rowles, G. D. & Ohta, R. J. (1983). *Aging and milieu: Environmental perspectives on growing old*. New York, NY: Academic Press.

Trieschmann, R. B. (1987). *Aging with a disability*. New York, NY: Demos Publications.



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JOURNALS:

American Health Care Association Journal
American Institute of Architects Journal
American Journal of Nursing
American Journal of Occupational Therapy
Architecture for Physical Medical Rehabilitation
Building and Environments
Environment and Behavior
Geriatric Nursing
Hospital and Community Psychiatry
Housing and Society
Journal of Family Practice
Journal of Gerontological Nursing
Journal of Gerontology
Journal of Nursing Administration
Journal of Personality and Social Psychology
Journal of Practical Nursing
Journal of Rehabilitation
Journal of the American Geriatrics Society
Nursing Administration Quarterly
Nursing Homes
The American Journal of Alzheimer's Care and Research
The Gerontologist

Organizations:

Alzheimer's Association, 919 N. Michigan Ave., Suite 1000, Chicago, IL 60611; 1-800-272-3900

American Association of Homes and Services for the Aging (AAHSA), 901 E. Street NW, Suite 500, Washington, D.C. 20040-2037; 202-783-2242

American Association of Retired Persons (AARP), 601 E. Street NW, Washington, D.C. 20049 (AARP has many brochures/manuals regarding housing and design needs - request their list of publications.)

Arthritis Foundation, 1314 Spring Street NW, Atlanta, GA 30309, 404-872-7100



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Assisted Living Facilities Association of America (ALFAA), 10300 Easton Place, Suite 400, Fairfax, VA 22031, 703-691-8100

AT&T National Special Needs Center, 2001 Route 46, Suite 310, Parsippany, NJ 07054

Center for Design of an Aging Society, 6200 SW Virginia Ave., Suite 210, Portland, OR 97201, 503-246-8231

Cleo Inc., 3957 Mayfield Rd., Cleveland, OH 44121, 1-800-321-0595

Corinne Dolan Alzheimer's Center at Heather Hill, 12340 Bass Lake Rd., Chardon, OH 44024, 216-621-8560 (research publications and design videotape, including manual titled "An Environment that Supports programs and People.")

National Center for Vision and Aging, The Lighthouse Inc., Lighthouse National Information and Resource Service, 111 East 59th St., New York, NY: 10022, 800-334-5497 (Educational, Consumer and Professional Product catalogs available.)

National Center for Universal Design, University of North Carolina, Charlotte, NC

National Rehabilitation Information Center, 4407 Eighth St., NE, The Catholic University of America, Washington, D.C. 20017-2299, 800-346-2742

The Center for Universal Design, North Carolina State University, UD Newsletter, Box 8613 Raleigh, NC 27695-8613

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All caring sheets are available online at the following two websites: <http://www.lcc.edu/mhap> (Mental Health and Aging Project (MHAP) of Michigan at Lansing Community College in Lansing, Michigan) and <http://www.dementiacoalition.org> (Michigan Dementia Coalition in Lansing, Michigan).

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