



# **Child Development and Early Education Program**

**Spring 2010**

**CHDV 184**

**Children and Stress**

**(\*1 credit)**

**March 13-May 9, 2010**

**Register for 1 of the two sessions**

**CRN 52469**

**CRN 52470**

**O N L I N E**



**Mary Fullmer, Instructor**

**This course examines stress as it relates to children.**

**Specific topics include:**

- **Symptoms and causes of stress,**
  - **Situations which are stressful for children**
  - **Ways to help children cope with stress**
  - **Techniques for reducing stress**
- (other topics discussed are divorce, death, and family violence)**

*\*(Note: Seminars provide 13.5 hours of training toward Child Day Care Licensing training requirements and apply toward LCC Child Development Early Education Degrees)*

**To register online, visit LCC website at [www.lcc.edu](http://www.lcc.edu)**

**For further information regarding ChildDevelopment courses, call 517-483-1141**