

LANSING COMMUNITY COLLEGE

CURRICULUM GUIDE

Therapeutic Massage Certificate of Achievement

Curriculum Code: 1255 (Effective Fall 2011 – Summer 2016)

This program prepares an individual in the field of therapeutic massage and bodywork. Massage therapists may be employed in private practice or in a variety of health care settings, spas, and exercise facilities. This certificate of achievement is not affiliated with any national certification organization; however, the Therapeutic Massage program is approved through the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB). Successful completion of this program prepares an individual for national certification testing through the NCBTMB and MBLEx (Massage and Bodywork Licensing Exam.)

PREREQUISITES

Students should see *Course Descriptions* or *Course Offerings* for course prerequisite information. See the *Assessment and Placement Testing* section for skills assessment and advising information.

INFORMATION

Contact the Allied Health and Human Services Department, Health and Human Services Building, Room 108, telephone number (517) 483-1410 (Website: www.lcc.edu/health/) or Academic Advising Department, Gannon Building, Room 212, telephone number (517) 483-1904.

REQUIREMENTS (See Notes 1 and 2)		TOTAL: 38.5 CREDITS
CODE	TITLE	CREDIT HOURS
BIOL 145	Intro Anatomy and Physiology	4
MASG 131	Therapeutic Massage I	4
MASG 136	Medical Elements of Massage	3
MASG 138	Fundamentals/Clinical Massage	1
MASG 141	Massage Clinic I	1.5
MASG 151A	Chair Massage	1
MASG 151B	Sports Massage	1
MASG 151C	Maternal/Infant Massage	1
MASG 151D	Special Populations	1
MASG 231	Therapeutic Massage II	4
MASG 232	Therapeutic Massage III	4
MASG 241	Massage Clinic II	1.5
MASG 242	Massage Clinic III (See Note 2)	1.5
MASG 251A	Polarity Therapy	1
MASG 251B	Reflexology	1
MASG 251C	Asian Body Therapy	1
MASG 251D	Positional Release	1
MASG 254	Busn App Therapeutic Massage	2
MASG 256	Clinical Assess Therap Massage	1
PFFT 104	Therapeutic Massage Fitness Lab (See Note 3)	1
PFWH 163	Healthy Lifestyles (See Note 3)	2
MINIMUM TOTAL		38.5

NOTES:

1. To receive this certificate of achievement, students must complete all required courses with a minimum grade of 2.5.
2. Current Basic Cardiac Support Certification (BLS) is required to enroll in MASG 242 and can be obtained by successful completion of EMSB 102 or NCHE 102 or EMSB 103 or NCHE 103 or American Heart Association/Health Care Provider or American Red Cross/Professional Rescuer.
3. Students should consider taking this course early in the curriculum.
4. MASG 235 National Exam Preparation is optional. Students are not required to take this course. It is recommended that students enroll in this course during their last semester in the program.

SUGGESTED COURSE SEQUENCE

Students should see course descriptions to find out when departments plan to offer courses. Students who for any reason are unable to follow one of the course sequences suggested below (for example, those who are part-time, have transferred in courses from another school, or have prerequisites to fulfill) should contact an academic advisor for help with adjustments.

OPTION 1–Begin Fall semester

I–Fall	II–Spring	III–Summer	IV–Fall
BIOL 145	MASG 141	MASG 241	MASG 151C
MASG 131	MASG 151A	MASG 254	MASG 232
MASG 136	MASG 151B		MASG 235 (optional)
MASG 138	MASG 151D		MASG 242
MASG 251A	MASG 231		MASG 251C
	MASG 251B		MASG 251D
	PFFT 104		MASG 256
	PFHW 163		

OPTION 2–Begin Spring semester

I–Spring	II–Summer	III–Fall	IV–Spring
BIOL 145		MASG 141	MASG 151C
MASG 131		MASG 151A	MASG 232
MASG 136		MASG 151B	MASG 235 (optional)
MASG 138		MASG 151D	MASG 242
PFFT 104	–or– PFFT 104	MASG 231	MASG 251A
PFHW 163	–or– PFHW 163	MASG 241	MASG 251B
		MASG 251C	MASG 251D
			MASG 254
			MASG 256